PICTURES OF PLUTO

The most awesome not-quite-planet in our solar system

metroLIFE

Winnipeg metro

Your essential daily news | WEDNESDAY, JULY 15, 2015 | High 27°C/Low 18°C Thunderstorms

ATTICUS IS BACK

BUT NOT AS FANS REMEMBER

metroNEWS

It's good to live on the Fringe

The Winnipeg Fringe Festival kicks off downtown Wednesday. Get tons of information about shows inside Metro's Fringe Festival feature, and check out the first reviews courtesy of CBC Manitoba. LEIF NORMAN/WINNIPEG FRINGE FESTIVAL

Beheading lawsuit is dropped

COURT

Women who saw slaying on bus had alleged a lack of security

Two Ontario women who were traumatized by a beheading on a Greyhound bus have dropped their lawsuit against the company.

Kayli Shaw and Debra Tucker were on the bus in central Manitoba in July 2008 when another passenger, Vince Li, attacked his seatmate.

Passengers fled and police surrounded the vehicle as Li cannibalized Tim McLean's body.

Shaw and Tucker accused the company of not providing adequate security and of leaving them with anxiety, depression and post-traumatic stress.

Greyhound denied the accusation and said it could not be sued under Manitoba's system of no-fault vehicle insurance.

While Shaw and Tucker have discontinued their lawsuit, McLean's family is still pursuing similar legal action.

Li was found not criminally responsible for the beheading and sent to a psychiatric institution. He was initially kept in a locked ward but has been granted more freedom each year since then.

His doctors say he suffered from schizophrenia and heard voices telling him to attack McLean. But they add he has taken medication faithfully and made a lot of progress in the ensuing years. THE CANADIAN PRESS

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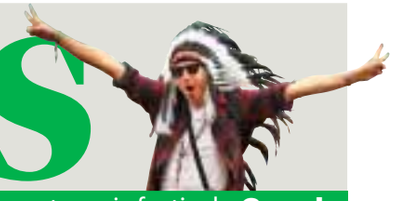
Your essential daily news



Montreal bans First Nations headdresses at music festivals. Canada

Looking into Winnipeg's tornado preparedness

WEATHER

Plans are in place in case of a city twister

Shane Gibson
Metro | Winnipeg

Despite a well-rooted misconception to the contrary, heavily populated centres like Winnipeg are just as likely to be hit by a tornado as a farmer's field in the middle of rural Manitoba, according to Environment Canada.

Natalie Hasell, who works as a warning preparedness meteorologist at Environment Canada, doesn't know where the myth started or why it persists, but acknowledged its existence when Metro called Tuesday after pictures of what appeared to be a funnel cloud over south Winnipeg spread on Twitter Monday evening.

"Every big city in the prairies has been hit by some kind of severe weather in the summer in the past," she said, pointing to an F4 tornado that tore through Edmonton in 1987 and a tornado that leveled Regina in 1913.

"There's no force-field or magic dome or particular highway that has some special thing about it."

So what would happen if a large tornado touched down in Winnipeg?

Senior Winnipeg Fire Paramedic Service firefighter Jay Shaw is in charge of the city's emergency preparedness and would be among the first to spring into action.

He said the WFPS's emergency preparedness plan — a broad list of strategies and tactics for any major emergency — would go into place and staff from all city departments would immediately meet at an emergency operations centre in the basement of city hall.

From the bunker the department heads would support the first responders at the scene.

"They would report back and start giving us the initial recognizance," explained Shaw, adding exactly what happens next would depend on what the crews find on the ground.

"Our first priority is always going to be life safety, our second priority is going to be making sure property is protected, and then we're going to be looking at protecting the environment and mitigating the incident in terms of stabilizing it."

If the tornado is large enough, Shaw said the city would call on the province for extra resources, who could turn to the federal government for even more assistance.

"We train for things like this," he said. "It's all about preparedness."

Strong tornadoes in Manitoba aren't unheard of. In 2007, one destroyed several houses in the town of Elie, about 30 kilometres west of Winnipeg. WIKIPEDIA COMMONS

PREPAREDNESS

What to do in the case of a tornado:

- Take cover in basement or small, windowless room with as many interior walls as possible.
- If outdoors, lie in a low-lying area, like a ditch, and cover your head (flying debris can be the most dangerous part of tornadoes).
- Avoid large open buildings like gyms, arenas, or churches which are more likely to lose their roofs.

SOURCE: PROVINCE OF MANITOBA

SAFETY

Take cover, not pics

The shots of a funnel cloud over south Winnipeg that flooded social media Monday made confirming the event a breeze for Environment Canada, but a meteorologist at the weather service says photography shouldn't be the priority when severe weather strikes.

"I'd rather people take shelter than take all these photos," said Natalie Hasell, a warning preparedness meteorologist at Environment Canada. "You can't take anything for granted.… The size of the tornado does not relate to its strength … and they can loop on themselves, so you never really know where they're going to go."

Shots of the ominous cloud — which Hasell said was a cold core funnel cloud — began circulating on Twitter shortly before 6 p.m. with some saying it was over St. Vital.

Hasell said Tuesday the cloud never actually made it within the Perimeter Highway and lasted at most only about two minutes. She said it was part of a small, standalone storm and isn't at all rare for this area of the world at this time of year.

"We are in severe weather season right now for the summer and we're actually right around the peak statistically," she said, explaining the season generally starts early May and can last until late September. "Certainly the first two weeks of July are always extremely active anywhere on the prairies."

Hasell said it's rare to see cold core funnel clouds touch down and become tornados, and when they do, they're generally much weaker than tornados produced by their blowhard cousin, the supercell thunderstorm.

SHANE GIBSON/METRO

A funnel cloud south of Winnipeg on Monday. IMGUR

WEATHER

Environment Canada takes Twitter by storm

Environment Canada has entered the Twitter age.

The national weather service launched Twitter accounts Tuesday that will send out alerts for cities across Canada, including more than 60 in Manitoba and two in Winnipeg.

"More and more people are using social media for staying informed and Twitter of course is especially effective in the news business," said Environment Canada's Ken Macdonald. "It's another channel, we have many channels already, but you have to keep pace with what people are using."

Environment Canada now has more than 1,650 separate Twitter accounts, one in both French and English for each of the cities it offers weather information for on its website (Winnipeg has two because the service has weather stations at The Forks and the airport).

Macdonald said Environment Canada had to work closely with Twitter to allow for the massive number of automated tweets they expect to send during dangerous weather.

"It was an engineering feat for Twitter because their systems are designed to prevent spam-type usage," he said. "There's all sorts of blocks they had to engineer for us so that a single user could have 1,700 accounts and issue 300 or 400 tweets on any given day."

Environment Canada expects to tweet around 25,000 alerts nationwide every year.

Follow Environment Canada's English Winnipeg airport account at @ECAlertMB36 and The Forks account at @ECAlertMB38. SHANE GIBSON/METRO

TODAY'S FRINGE FESTIVAL PICKS

Metro Winnipeg and CBC Manitoba present a selection of reviews

The Inventor Of All Things

Like the story of the atomic bomb itself, the life and lore of Leo Szilard is monumental and maze-like. The fact that Fringe mainstay Jem Rolls attempts this hour-long encapsulation of one of the most crucial and largely forgotten scientists of the 20th century is laudable. The fact that he almost succeeds is a testament to his range and experience as a performer. The Inventor of All Things is a Vonnegut vunderland, underlining and exploring the interconnectedness of everything — erudite, impeccably researched, and completely all over the place. Seeing as this was his very first performance at an early-on-the-circuit festival, I have no doubt that Jem Rolls will work out the kinks, and the show we see in Winnipeg will be vastly tightened and controlled. What I can guarantee is that you will learn a hell of a lot about Leo Szilard and how to deliver a magnetic, mesmerizing, and completely mad show about splitting the atom.

MICHELLE PALANSKY, MONTREAL FESTIVAL

The Orchid and The Crow

Daniel Tobias — well-known to Winnipeg Fringe audiences as half of the musical comedy duo Die Roten Punkte — has crafted a thoughtful one-man show musing on God, religion, and surviving testicular cancer.
But don't let the subject matter fool you: This is actually a very upbeat and funny show, with lots of insightful zingers and toe-tapping music. Armed with an electric guitar, Tobias energizes the theatre with his catchy tunes and clever lyrics.

He's not afraid to bare his soul onstage, nor to bare everything else. There is a touching moment when he undresses behind a screen and emerges, naked under a hospital gown. He proceeds to sing about the most trying time of his surgery and recovery — in Italian, in an aria, with a thematically-significant nod to the castrati tradition.
Tobias is an intelligent, dynamic and honest performer who is highly entertaining to watch. This show will renew your faith in love, life, and possibly even Lance Armstrong — one of Tobias's cancer-beating heroes.

ROSIE FERNANDEZ, TORONTO FESTIVAL

How Often Do I Dream

How Often Do I Dream is a unique multi-sensory experience. Using touch, tastes, scent and sound, Katie Dorian has constructed an interactive show designed to stimulate our own personal memories, all to demonstrate how memory is evoked, and how elusive it can be to hang on to.

Inspired by her beloved grandfather's dementia, Dorian pieces together her family's history, to ensure she remembers what he's forgotten. This is a remarkably touching, uplifting experience, thanks to Dorian's sincerity and friendly group-building activities, like singing and sharing stories. At times, the various elements of the performance can seem random as they are happening, as Dorian allows the subtle connections between them to go by without drawing attention to them. For example, she so seamlessly incorporated the three nouns suggested by audience member Peter (don't worry, you'll be on a first-name basis with everyone in attendance by the end of the show) into her story, I didn't even notice she'd done it until a friend pointed it out to me after the show. How Often Do I Dream is a profoundly touching experience you will not soon forget.

ROSIE FERNANDEZ, TORONTO FESTIVAL

SNOW LEPOARDS DRUM ROLL, PLEASE ... Assiniboine Park Zoo's newest snow leopard cubs, born earlier this year, are now known as Yuki and Kang. Yuki is Japanese in origin, while Kang is Tibetan, and both mean "snow." The zoo held a naming poll and more than 1,100 people took part by choosing their favourite names from a list for the cubs. ASSINIBOINE PARK ZOO/HANDOUT

Freshii opens first Winnipeg location

RESTAURANT

Franchise sets up shop on Corydon Ave.

Dave Baxter
Metro | Winnipeg

A new restaurant chain in town may have started outside Manitoba, but has Winnipeg roots.

Corydon Avenue is now the home of a new Freshii restaurant, and it's owners Coralee and Troy Turner say the franchise is well-known outside the province for what it offers.

"It's all about fresh fast food," said Coralee, who said the menu has things like salads, wraps, burritos, soups, fresh-pressed juices and smoothies.

The couple opened the restaurant this week and are already optimistic about how Freshii will do in Winnipeg

"There is definitely a market. We have been swamped for the last two days. People are excited."

The Canadian-based chain already has restaurants in seven countries, and its CEO is former Winnipegger Matthew Corrin.

Troy said the franchise succeeds because people don't want to pay a lot to get healthy choices.

"I think more and more people care about what they eat. We're never going to totally stop having burgers and that kind of stuff, but on a day-to-day basis people care more about eating healthy than they did before."

Prices and wait times for food at Freshii are comparable to typical fast food places, added Troy.

The new Freshii in Winnipeg is at 740 Corydon Ave, and for more information on Freshii and their menu go to freshii.com.

MOVIES

Downtown Winnipeg BIZ brings the cinema outside

People looking to catch a movie this summer can catch one outside in downtown Winnipeg.

The Downtown Winnipeg BIZ said on Tuesday they are bringing back their Downtown Cinema series which will "transform outdoor downtown spaces into the perfect places to sit back, relax, and enjoy 10 of your favourite movies"

Movies on Memorial and the addition of the Downtown Drive-In screenings have been hugely popular," said Stefano Grande, executive director of the Downtown Winnipeg BIZ. "It's an opportunity to capitalize on an affordable, outdoor, summer evening activity, whether it's family night or date night."

Movies and locations

Downtown Drive-In at the surface parking lot – Graham Ave. & Carlton St. (Saturday evenings):
- Aug. 1 – Back to the Future 2
- Aug. 8 – Wall-E
- Aug. 15 – Inception
- Aug. 22 – Guardians of the Galaxy
- Aug. 29 – Jurassic World

Movies start at sundown – about 9 p.m. Free for people arriving on bikes, transit or foot, or $10 to reserve a space for your car.

Movies on Memorial at Memorial Park (Tuesday evenings):
- Aug. 4 – Pitch Perfect 2
- Aug. 11 – Jaws
- Aug. 18 – Furious 7
- Aug. 25 – The Avengers

Movies start at sundown – about 9 p.m. In case of rain, film will be screened the following Wednesday.

METRO

At our campus, we know our students by name.

At Robertson College, our goal is to help each of our students find success. From finding the right program and career path, to working out a financial plan and helping you find employment after graduation, we offer assistance every step of the way.

Student Aid approved programs in Health Care, Business and IT are available on campus or online. Call **587.408.3168** or visit **robertsoncollege.com** to get started!

ROBERTSON COLLEGE

PARMALAT

Council urged to sell land for plant

Winnipeg city council is being urged to approve the sale of city-owned land for a new milk-processing plant.

The city, the province and multinational dairy and food company Parmalat have agreed in principal to contribute more than $5.5 million to service land for the plant in St. Boniface.

The new plant would replace the current aging one in St. Boniface. The city says in a news release that there is a time constraint on the deal because Parmalat is under pressure to increase production.

The proposed agreement would have the city paying up front. But it would recoup the money over 18 years through property and business taxes from the new plant.

"I am very pleased that the proposed agreement with Parmalat sets their business up for success right here in Winnipeg and that Parmalat will lead development in the industrial park as the catalyst to attract further industrial business to set up," Mayor Brian Bowman said in the news release Tuesday.

"Parmalat has become a global leader in food production, working closely with the Dairy Farmers of Manitoba, and this increase in food-processing capacity in Manitoba will strengthen the provincial economy and bring good jobs to our province," said Agriculture Minister Ron Kostyshyn.

A report on the proposal is to be considered at a special meeting of the city's executive policy committee on Wednesday.

THE CANADIAN PRESS

Broken track caused train to derail in 2014: Report

A length of rail damaged by another train's defective wheels was responsible for derailing a CPR train in 2014 SUPPLIED

INVESTIGATION

Another train's defective wheels helped cause incident

A broken rail caused a Canadian Pacific Railway Ltd. freight train to derail in February 2014 in Manitoba.

The Transportation Safety Board (TSB) says in its report into the derailment near Keyes that the rail failed due to another train with defective wheels travelling through the same area about six hours earlier. The freight train had left Bredenbury, Sask., for St. Paul, Minn., and was made up of two locomotives, 50 loaded cars and 22 empty cars.

The board says the crew first noted a rough section of track just before 25 loaded covered hopper cars and two empty cars left the track.

There were no dangerous goods and no injuries.

The board says the previous train had one car with large, flat spots on its wheel treads, which indicates brake failure, and that likely affected the integrity of the rail.

The investigation says there are no explicit protocols in place to inspect the track after a train with known high-impact wheels passes through non-signalled territory.

The TSB is an independent agency that investigates marine, pipeline, railway and aviation transportation incidents.

THE CANADIAN PRESS

MISSING WOMAN SEARCH CONTINUES FOR THELMA KRULL Police blocked off and searched the hill and a large area behind Valley Garden Community Club Tuesday, as the search continued for missing Winnipeg woman Thelma Krull. Police on the scene would not say if there is any update on the investigation, but friends of Krull who were there say her cellphone was last detected in that area. Krull, 57, has been missing since Saturday morning. DAVE BAXTER/METRO WINNIPEG

MUSIC

The Weakerthans split

It appears Winnipeg's The Weakerthans are no more. Drummer Jason Tait tweeted Tuesday that word was out the band was "done."

The band hasn't released a new album since 2007's Reunion Tour, their fourth studio record. Known for singer John K. Samson's melodic, melancholy songwriting, The Weakerthans won three Juno Awards.

THE CANADIAN PRESS

CAA MANITOBA

Auto association calls for hard crackdown on drivers who text

CAA Manitoba is calling on the province to strip new drivers of their licences if they choose to text and drive.

"Just like it may be hard to teach an old dog new tricks, it is harder to break a habit than to prevent it from starting in the first place," said CAA Manitoba in a press release.

According to Manitoba Public Insurance, 38 per cent of all collisions caused by distracted driving were from drivers in the graduated driver licence (GDL) program between July 2010 and December 2013, and CAA wants those who drive distracted to lose their licences.

"New drivers are at a higher risk of collision even before adding a cellphone to the mix," says Mike Mager, president and CEO of CAA Manitoba.

"Knowing that even with one distracted driving offence could cause you to lose your licence will help prevent this dangerous behaviour from becoming a habit, the same way we have done for drunk driving."

Ninety-six per cent of CAA Manitoba members would support a zero-tolerance policy for distracted new drivers, according to CAA. METRO

IN BRIEF

Police investigate sex assault on Winnipeg bus

A police investigation has begun after a woman was sexually assaulted on a city bus Monday.

The 47-year-old victim was on a bus heading eastbound on Portage Avenue when a man sat next her as the bus passed Rita Street around 4:15 p.m. The woman says the man touched her inappropriately after he sat down.

The suspect is described as being of aboriginal background, 5 foot 7, clean cut with a skinny build and short dark hair.

He was wearing baggy jean shorts, a baggy T-shirt and a black baseball cap. Anyone with information should call police at 204-986-6245 or Winnipeg CrimeStoppers at 204-786-TIPS. METRO

Prime Minister Stephen Harper meets with Arseniy Yatsenyuk, Prime Minister of Ukraine, at Wilson House in Chelsea, Que., on Tuesday. SEAN KILPATRICK/THE CANADIAN PRESS

Canada inks Ukraine pact

FREE TRADE

Economic ties part of effort to strengthen country: PM

Canada has reached a trade agreement with Ukraine that Prime Minister Stephen Harper says will help Ukraine build its economy and establish greater ties with the West.

The deal, which needs parliamentary approval, would eventually see a near-elimination of duties on goods coming into Canada from Ukraine.

It comes as the government of Ukrainian President Petro Poroshenko grapples with a populist move to water down economic changes demanded by the International Monetary Fund.

Harper announced the free-trade agreement as he met Tuesday with Ukraine's prime minister, Arseniy Yatsenyuk, making clear that the deal was not just about creating jobs but also a signal of Canada's continued commitment to aid Ukraine in its fight against Russian-backed aggression in eastern Ukraine.

"This is increasing economic opportunity for Canadians and Ukrainians," Harper said as he stood alongside Yatsenyuk in a dimly lit, darkened room at a government conference centre that overlooks picturesque Meech Lake in Chelsea, Que.

"It's also, I think, a step towards helping Ukrainians realize the future that they want," Harper added.

> **Ukrainians do not want a future based on oppression and a Soviet past. The Ukrainian people want a Western future, a future of prosperity.**
> Prime Minister Harper

Once in force, the agreement would eliminate 99.9 per cent of tariffs on current imports from Ukraine into Canada and 86 per cent of Ukrainian tariffs on Canadian products, including all tariffs on industrial goods, forestry and wood products, fish and seafood products.

Canadian pork producers would continue to face trade barriers, but others, including grains and oil seeds exporters and beef producers, would gain unhindered access to Ukraine's market.

Total back-and-forth trade between Canada and Ukraine averaged $347 million between 2011 and 2013, according to Canadian government officials, but slowed to just $244 million last year as Ukraine dealt with political upheaval and armed conflict in southern and eastern parts of the country.

Canada has also provided Ukraine with $400 million in low-interest loans since a political crisis erupted there in 2013.

THE CANADIAN PRESS

INDECENT ACTS

Mile-high club event leads to probation

A 26-year-old woman has been sentenced to nine months' probation for committing an indecent act on a Halifax-bound flight in 2014.

Alicia Elizabeth Lander appeared in Dartmouth provincial court Tuesday, where she was also handed a six-month conditional sentence for assaulting a police officer, committing an act of mischief and causing a disturbance at Halifax Stanfield International Airport.

Lander was found guilty of the offences in May.

At the trial, a flight attendant who was aboard Air Canada Flight 610 on Jan. 24, 2014, testified that Lander and a man used a coat to cover their laps and then fondle each other.

In handing down the sentence, Judge Timothy Gabriel told Lander that he was concerned that young children were in close proximity during the flight.

He also characterized her behaviour at the airport, where she kicked a sliding door off its runner and also kicked a hole in the wall of an interview room while being combative with police, as "disgraceful."

"It could be described as the action of a spoiled 12-year-old who is used to getting her own way," said Gabriel. "I think you understand ... that your actions were childish, but you are an adult, and in the adult world actions have consequences."

The conditional sentence involves a curfew, under which Lander is confined to her home from 10 p.m. to 6 a.m.

Lander must submit a DNA sample and perform a total of 60 hours community service. She was also ordered to pay Halifax Stanfield International Airport $426.65 within 14 months for the damage she caused to the wall.

THE CANADIAN PRESS

Manitoba Hydro – your energy expert

Energy efficient windows improve home comfort

Whether you're replacing older windows or planning an addition that requires new ones, consider installing high performance triple pane windows. You'll improve overall comfort, reduce noise levels from outside your home, reduce condensation, and better protect your valuables from damaging ultraviolet rays – all while maximizing your energy savings.

Today's windows are better designed and better insulated than products manufactured years ago. New technologies such as vinyl or fibreglass frames, low emissivity (low-e) glass, argon gas in insulating glass units and improved hardware and weatherstripping have made windows more airtight and much more efficient.

Year-round comfort and savings

The glass and low-e coatings are the biggest considerations for energy efficiency. Since it's the airspaces and low-e coatings, and not the actual glass that provides most of the insulating value of a glazing unit, adding a third pane of glass doubles the number of airspaces and provides more surfaces to apply low-e coatings. There are numerous low-e coatings available in the market, with different properties for different applications. Selecting the right coating or combination of coatings will keep your home warm in winter and cool in summer, while maximizing savings.

If you've ever felt chilled beside a window, it's because the glass is cold, literally drawing heat away from your body, or because the window was drafty. High performance triple pane windows are warmer, making it more comfortable sitting close to the window. The warmer glass allows for higher humidity in the home without condensation; a healthier indoor environment to reduce irritation from dry skin, nose and throat. Window types have varying levels of air leakage. Picture windows are the tightest, followed by casement and awning units. Slider units are typically larger air leakage culprits.

In addition to increased performance, triple pane windows offer years of worry-free service, as they generally feature higher quality hardware designed for the added weight of a third pane.

Financing

Qualifying triple pane windows can be financed under Manitoba Hydro's Power Smart* Residential Loan. The loan allows homeowners to borrow up to $7,500 (O.A.C.) for up to five years. Power Smart Residential Loan payments are added to the homeowner's monthly Manitoba Hydro bill, making it a convenient repayment option.

Either the homeowner or a contractor can install the windows, but it's up to the participating retailer or contractor to handle the loan paperwork and obtain approval.

For more details, contact your local retailer or contractor, or visit **hydro.mb.ca/loans**

Be Power Smart. Choose high performance, triple pane windows for:

- *Increased year-round home comfort*
- *Less cold weather condensation*
- *Reduced noise*

Manitoba Hydro POWER SMART

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Festivals ban headdresses

FIRST NATIONS

Spiritual symbols aren't fashion accessories

Appropriation of aboriginal symbols by non-natives is disrespectful, Montreal festival organizers say. THE ASSOCIATED PRESS/FILE

Fans and artists attending three summer music festivals in Montreal can no longer wear First Nations headdresses as fashion accessories.

The July 31 to Aug. 3 Osheaga Arts & Music festival, Heavy Montreal Festival and IleSoniq festival have all banned the headdresses, out of respect for First Nations people and culture.

The Osheaga Arts & Music festival announced the ban in a Facebook post, saying: "The First Nations Headdresses have a spiritual and cultural meaning in the native communities and to respect and honour their people, Osheaga asks fans and artists attending the festival to not use this symbol as a fashion accessory."

The post featured a photo of a blonde woman wearing a headdress with a red line and circle on it.

The Aug. 7-9 Heavy Montreal festival issued a similar ban on its Facebook page, as did the Aug. 14-15 îleSoniq music festival.

The move to ban headdresses as fashion accessories has sparked strong social media support.

There was a firestorm of protest on social media after a woman was photographed wearing an indigenous headdress at the Winnipeg Folk Festival earlier this month.

"I was taught that headdresses are sacred, earned and worn for ceremony," tweeted First Nations member Dene Sinclair of Winnipeg.

"There's lots of ways you can honour a culture without taking a sacred object of theirs," Sinclair said in a phone interview.

Different symbols have different meanings in different First Nations communities, she said.

If someone's interested in fashion and First Nations, they could buy something from indigenous artists such as Christi Belcourt, the Metis artist who designed the Toronto 2015 Pan Am Games medals, Sinclair said.

> **Headdresses are sacred, earned and worn for ceremony.**
> Dene Sinclair

The move by the three Quebec festivals comes amidst a recent trend by non-natives to wear headdresses as fashion statements, even though in First Nations culture, they are only worn by certain people on special occasions.

The Native Appropriations blog attempted to explain why "hipster headdresses" are considered offensive in a 2010 post, noting that headdresses promote stereotyping of aboriginal cultures.

"It's like wearing blackface," wrote author Adrienne Keene.

In 2014, Pharrell wore a headdress on the cover of Elle magazine, later apologizing: "I respect and honour every kind of race, background and culture. I am genuinely sorry."

Victoria's Secret apologized in 2012 after its Karlie Kloss model wore a floor-length headdress, along with leopard-print underwear and high heels. Kloss apologized on Twitter, saying she felt "deeply sorry if what I wore during the VS Show offended anyone." TORSTAR NEWS SERVICE

ELECTION

Union ads target civil service cuts

The Public Service Alliance of Canada is dropping $2.7 million on a pre-election ad campaign that takes aim at Conservative cuts to the bureaucracy.

The union said its "Vote to Stop the Cuts" campaign will include billboards, posters, radio segments and online content, but it doesn't plan TV ads.

"In Canada, essential public services are being threatened by these reckless cuts without regard for the safety and welfare of millions of Canadians citizens," said executive vice-president Chris Aylward.

PSAC said government support for veterans, search and rescue, employment insurance, border security and food safety have been affected by the Tory belt-tightening efforts since Prime Minister Stephen Harper came to power in 2006.

"We obviously believe it is in the public interest to raise awareness about the impact of cuts to public services," Aylward said.

The union, which represents more than 170,000 public sector employees, is the latest group to capitalize on the lack of rules governing pre-election advertising. Groups such as the conservative Working Canadians, left-leaning Engage Canada and the now defunct HarperPAC have rolled out ads ahead of the official election campaign start, when Elections Canada rules sharply restrict third-party advertising.

"Once the election is called, of course we have to stop advertising as a registered third-party advertiser," Aylward said.

Tony Clement touted savings measures. THE CANADIAN PRESS

In response to the campaign, Treasury Board Minister Tony Clement issued a statement Tuesday to highlight savings.

"Since budget 2010, our government has implemented savings measures that have saved the taxpayer more than $19 billion in 2015-16 and beyond ... Furthermore, the Parliamentary Budget Officer has said that overall performance results of departments and agencies has improved." THE CANADIAN PRESS

FLIGHT 182

MP 'misspoke' on Air India bombing

A Conservative MP is backtracking on her claim that Canada's spy agency knew there was a bomb on the Air India jet that exploded in 1985, killing 329 people.

In a June 30 speech at a Vancouver church, MP Wai Young said laws at the time prevented the Canadian Security Intelligence Service from telling the RCMP about the bomb. At Harvest City Church Young said that, as a result, the Mounties could not remove the bomb from Air India Flight 182. She said the government's recent Bill C-51 fixed the problem by allowing greater information-sharing among security agencies.

In a statement Tuesday night, Young said she "misspoke with regards to the investigation of the Air India bombing" in her speech and regrets the error.

A federal commission of inquiry into the Air India bombing did not conclude in its June 2010 report that CSIS knew there was a bomb on the plane. Rather, it said government agencies had significant pieces of information that, taken together, would have led a competent analyst to conclude Flight 182 was at high risk.

But Young presented a different version of events to churchgoers: "CSIS knew, or heard, that there was a bomb on board this plane," Young said.

"I don't know if you guys know that. Because they couldn't share that information with the RCMP, the RCMP could not act to take that bomb off that plane," Young said. THE CANADIAN PRESS

IN BRIEF

Ontario women charged in New York slashing

Three Ontario women have been arrested after police say they cut another woman's face during a party at an upscale Times Square hotel.

The Port Authority Police Department says the victim required 36 stitches after she was assaulted with a Champagne bottle and drinking glasses inside the W Hotel Sunday.

The trio face charges of assault, gang assault and weapons possession.

They were identified as Monique Boakye-Yiadom, 35, Aleesha Williams, 26, and Amy Walker, 30.

THE ASSOCIATED PRESS

Young orca rejoins pod

A Vancouver Aquarium orca researcher says a young killer whale has been reunited with its family two years after it was found swimming alone in a remote cove on the central B.C. coast. Fisheries and Oceans researchers found the orca, known as Sam, alone in 2013.

The orca was vocalizing loudly, not eating and appeared to be reluctant to leave, but researchers eventually managed to coax it out of the cove.

The aquarium said researchers, who had been looking for two years, spotted Sam with its family on July 2.

Aquarium research biologist Carla Crossman said the sighting shows Sam has successfully reintegrated with its family and the group is maintaining social cohesion over long periods of time.

THE CANADIAN PRESS

Firefighting soldier found

A soldier helping fight wildfires in northern Saskatchewan became lost Monday when he went into the woods seeking privacy.

Brig.-Gen. Wayne Eyre says the soldier was heeding Mother Nature's call when he headed in the wrong direction on the fire lines near La Ronge.

"Mid-afternoon a soldier goes into the woods to relieve himself, gets turned around and starts walking away," Eyre said. "This happens."

A search was launched and the Edmonton-based solider was found safe — six hours later.

Eyre said the only thing injured was the individual's pride.

THE CANADIAN PRESS

IN BRIEF

Cow on the lam caught and returned 2 years later

Matylda finally moo'ved back home. The cow escaped from her Polish farm two years ago and lived a life on the lam in a nearby forest, sometimes damaging crops. She has finally been caught.

Owner Leszek Zasada spoke about the cow in a story broadcast by news station TVN24.

He said Matylda escaped from his farm the day after he brought her home. She survived two frigid winters on her own, but she lost the calf she was sometimes spotted with and returned home with many scars.

Nobody was able to catch her until last Saturday. THE ASSOCIATED PRESS

Boston's pile of snow-trash finally melts away

The last of Boston's winter nightmare has finally melted away.

Mayor Martin Walsh announced Tuesday that Boston's massive pile of filthy snow has officially dwindled to nothing. The pile accumulated into a 75-foot tower after a record-breaking winter that dumped more than 110 inches on the city. Beneath the mound was more than 80 tons of garbage, transforming it into a repulsive trash heap as the snow melted. Officials say two storms struck after residents put their trash out, and it got swept up by plows. THE ASSOCIATED PRESS

Ex-church official moved from jail that pope will visit

A former church official jailed for his handling of priest sexual abuse complaints is no longer housed at a Philadelphia jail that Pope Francis plans to visit.

Monsignor William Lynn is serving a minimum three-year sentence for endangering children in the Roman Catholic Archdiocese of Philadelphia. THE ASSOCIATED PRESS

U.S. lawmaker wants to impound cars of 'johns'

A local legislator wants to combat what he calls a rise in prostitution by impounding the cars of suspected clients.

District of Columbia Councilman Jack Evans introduced a measure that he calls "Honey, I lost the car." It would require police to tow and impound a car when officers suspect it's been used by someone trying to pick up a prostitute. THE ASSOCIATED PRESS

Fox hunting ignites tensions

UNITED KINGDOM

Debate sees celebrities protesting and Scots voting

Protestors dressed as foxes demonstrate in front of the Houses of Parliament in London, Tuesday, urging policymakers to keep the Hunting Act intact. FRANK AUGSTEIN/THE ASSOCIATED PRESS

Fox hunting is back on the agenda in Britain, and it's getting bloody.

Prime Minister David Cameron's government has stirred up a political storm by announcing a vote to loosen a decade-old ban on the divisive blood sport.

As animal welfare activists staged a noisy protest outside Parliament Tuesday, the government abruptly scrapped the vote, scheduled for Wednesday, when it became clear it was headed for defeat.

But the issue, far from being resolved, has unleashed a maelstrom of British divisions, pitting city against country, upper class against the modestly off and now English lawmakers against Scottish ones.

"The government has backed down," said protester Brian May, the guitarist in rock band Queen. But, he cautioned, "we have not yet won the war. There's no room for complacency."

Fox hunting, in which groups of riders follow a pack of hounds trained to track down and kill foxes, is a centuries-old sport that has long divided Britons. Opponents consider it a cruel pastime reserved for the rich, while supporters say it is an important rural tradition and an effective form of pest control.

Britain banned the sport in 2004 after a long and acrimonious battle that saw hunting supporters clash with riot police outside Parliament.

Cameron's Conservative government, which has strong rural support, last week announced a vote on what it called "technical amendments" to the hunting ban in England and Wales.

Opponents called the proposal — which would allow a pack of hounds to flush a fox out of hiding but not kill it — an attempt to legalize hunting by stealth.

Celebrities including May, Ricky Gervais and Sadie Frost urged lawmakers to keep the ban. Paul McCartney said bringing back "cruel and unnecessary" hunting would cost Cameron support.

In a further twist, the separatist Scottish National Party announced Monday that it would oppose the changes — even though the party had promised to vote only on issues that affect Scotland. Opposition from the 56 SNP lawmakers and other anti-hunting legislators meant the government, which has a 12-seat majority in the 650-seat House of Commons, would almost certainly have been defeated.

SNP leader Nicola Sturgeon said the party had decided to vote because Cameron was out of touch with English public opinion — and to "remind the government of how slender their majority is."

Ironically, in Scotland, a pack of dogs can already flush out a fox so that it can be shot.

The defeat gives the government extra incentive to pass promised reforms barring lawmakers from Scotland from voting on bills that only affect England. THE ASSOCIATED PRESS

PLANE CRASH

'I was the only one that survived'

Autumn Veatch COURTESY SIERRA LUNDY/THE ASSOCIATED PRESS

A 16-year-old girl told a 911 dispatcher "I was the only one that survived" after the small plane she was a passenger in crashed in the mountains of north-central Washington.

Autumn Veatch was picked up by a driver Monday after she hiked through a thick forest to safety in what a rescuer called a miracle.

In the 911 call released by authorities Tuesday, Veatch told the dispatcher she had been flying from Kalispell, Montana, to Bellingham, Washington.

Veatch said she had "a lot of burns on my hands, and I'm like kind of covered in bruises and scratches."

Veatch was travelling with her step-grandparents when the plane crashed Saturday. Okanogan County Sheriff Frank Rogers said Leland and Sharon Bowman of Marion, Montana, were killed.

"She said they were flying in the clouds, and in an instant, it opened up and there was the mountain, and they crashed into the trees," Rogers said Tuesday.

The sheriff said pilot Leland Bowman was flying too low.

Veatch told authorities she stayed at the crash site for a day before deciding to hike down, eventually finding a trail and following it to a highway.

She was picked up Monday and taken to a store where employees called 911.

Veatch was dehydrated and suffering from a treatable muscle tissue breakdown, caused by vigorous exercise without food or water, said Scott Graham, CEO of Three Rivers Hospital in Brewster. Rogers said Veatch would likely be released Tuesday.

"It's a miracle, no question about it," Lt. Col. Jeffrey Lustick of the Civil Air Patrol told reporters. "Moments of joy like this can be hard to find."

Her father, David Veatch, told reporters that his daughter was exhausted but doing remarkably well. "There's more to her than she knows." THE ASSOCIATED PRESS

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metro

IRAN

Historic nuke deal cheered

Drivers honked their horns and dozens of Iranians cheered in a main square of the capital Tehran on Tuesday, welcoming their country's landmark nuclear deal with world powers, which they hope will mean an end to isolation and sanctions that have crippled the economy.

The celebrations underscored the hopes that many Iranians have pinned on the drawn-out talks. That public yearning for economic relief was crucial for winning moderate President Hassan Rouhani the breathing room to negotiate with Iran's nemesis, the United States, over imposing limits on the nuclear program.

A key question now will be whether powerful hardliners, including the elite Revolutionary Guard, which has spoken staunchly against concessions on Iran's nuclear ambitions, will acquiesce to the accord. They were largely silent Tuesday, most likely waiting to see the stance of the supreme leader, Ayatollah Ali Khamenei.

> **I am proud that my country has resolved this.**
> Ali Hosseini

At one Tehran electronics shop, men who had gathered around TV screens at the store clapped as Iranian President Hassan Rouhani started to address the nation. Among them was shopkeeper Ali Hosseini, 29, who watched both leaders' speeches live.

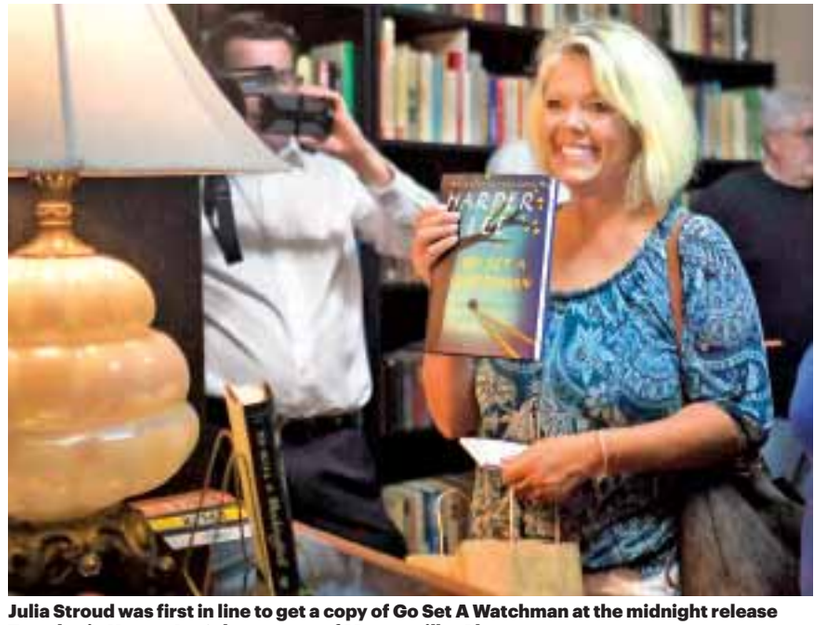
"I am proud that my country has resolved this critical issue through talks not war," he said.

THE ASSOCIATED PRESS

Mockingbird fans race to get new book

PUBLISHING

Harper Lee's just-released novel depicts Finch as a bigot



Julia Stroud was first in line to get a copy of Go Set A Watchman at the midnight release Tuesday in Harper Lee's hometown of Monroeville, Ala. BRYNN ANDERSON/THE ASSOCIATED PRESS

Shortly after sunrise Tuesday, the doors opened at the Old Courthouse Museum in Monroeville, Ala., and a bell tolled.

In the hometown and residence of Harper Lee, it was time to start a marathon reading of Go Set a Watchman, the book no one thought they would ever see from the author of To Kill a Mockingbird.

Lee fans worldwide stayed up late, woke early or dashed off during meal breaks to pick up a copy of the year's most anticipated novel, Go Set a Watchman, which came out Tuesday after months of the most unusual pre-publication attention in memory.

From the moment publisher HarperCollins announced Watchman in early February, reactions of ecstatic disbelief have been shadowed by concerns about the book's quality, the 89-year-old Lee's involvement in the release and the jarring transformation of Atticus Finch.

"I don't think it's going to damage Harper Lee's legacy," Susan Scullin, a reading teacher in New York City, said of Watchman as she prepared to buy a copy at the Barnes & Noble in Manhattan's Union Square.

"It might damage Atticus Finch's legacy, and that makes me a little nervous."

Booksellers from Cambridge, Mass., to Downers Grove, Ill., opened at midnight Tuesday, while Barnes & Noble stores began selling copies at 7 a.m., two hours earlier than usual. Pre-orders have already made Go Set a Watchman one of the year's top books and did not let up despite lukewarm reviews and the news that Finch, one of the all-time literary heroes, was a bigot in Watchman.

Lee's attorney, Tonja Carter, has said she came upon the Watchman manuscript last year while looking through some of the author's papers. Watchman was written before Mockingbird but takes place 20 years later in the 1950s.

A grown-up Scout, now living in New York, is visiting her native Maycomb, Ala., and observing a community terrified by the Supreme Court's recent ruling that school segregation was unconstitutional.

Scout is shaken when among those joining the racist mob is the man who in Mockingbird stood against it: her father, Atticus.

> **I don't think it's going to damage Harper Lee's legacy. It might damage Atticus Finch's legacy ...**
> Susan Scullin, teacher

"I'm nervous," said Cher Caldwell, a 43-year-old English teacher from Kentucky. "I'm reserving opinion, but I'm ready to be mad. He's the epitome of the moral compass."

At the Waterstones bookstore in London's Piccadilly Circus, shoppers used their lunch hour Tuesday to pick up copies of Go Set a Watchman. Some said they planned it to be their holiday reading, others said they wanted to know more about the beloved characters in To Kill a Mockingbird.

THE ASSOCIATED PRESS

BACKGROUND

Near-normalcy expected for Lee on the big day

Harper Lee, also known as Nelle, was expected to spend the day as she usually does at the 15-person assisted-living facility in Monroeville, Ala., where she is closely guarded and only a short list of pre-approved visitors is allowed to see her.

Wayne Flynt, a historian and author, said he met with her Monday and gave her an inch-thick stack of news articles about the release of Watchman.

"She chortled," Flynt said. "She's absolutely delighted. I think she's a bit overwhelmed."

Harper Lee's new book. THE CANADIAN PRESS/AP/HARPER

While Lee's day was expected to be normal, "normal means monotonous and boring, except when you just took over the media of the entire world, in which case it's a lot more exciting," he said.

Amazon.com has called Watchman its most popular pre-order since the last Harry Potter book, which came out in 2007.

At Barnes & Noble, Mary Amicucci, the superstore chain's vice-president for adult trade and children's books, said that pre-orders were the highest since the 2009 release of Dan Brown's The Lost Symbol, his first novel since The Da Vinci Code.

Sales for Mockingbird have doubled at Barnes & Noble since Watchman was announced.

THE ASSOCIATED PRESS

TECHNOLOGY

Twitter stock up on fake story

Twitter's stock briefly spiked on Tuesday after a fake story said the short messaging service received a $31 billion (all figures U.S.) buyout offer.

Although the hoax involves a knockoff news website set up by a secret owner targeting a social media company with a $24 billion market cap, experts said the events look like a modern twist on a stock scam as old as the markets themselves.

The fake story, which cited "people with knowledge of the situation," appeared on a website made to look like Bloomberg's business news page.

The website was registered Friday, according to a search of the non-profit Internet Corporation for Assigned Names and Numbers, and the identity of the person or company who registered it is not publicly available.

Bloomberg spokesman Ty Trippet says the story is "fake and appeared on a bogus website that was not affiliated with Bloomberg."

Twitter Inc., based in San Francisco, did not comment.

Twitter's stock spiked 8.5 per cent in late morning trading before settling back down after the story was confirmed fake. The stock closed up 2.6 per cent at $36.72.

The report may have seemed believable because of Twitter's recent struggles.

The company went public in 2013, but it isn't profitable and some investors are concerned about its user growth. As of Monday's close, Twitter shares were down 31 per cent since April 27.

THE ASSOCIATED PRESS

DETROIT

Artist faces charges over graffiti

Graffiti artist Shepard Fairey pleaded not guilty Tuesday to charges that he illegally tagged buildings in Detroit.

Fairey was charged in a warrant last month with malicious destruction of property. Police say he caused about $9,000 in damage to some buildings while completing commissioned works — including a large mural — on other structures in the city.

Fairey was arrested Tuesday and later appeared in court via video from a police lockup. He was expected to be released Tuesday after posting bond, according to the Detroit Free Press. The newspaper reported that Doug Baker, an attorney for the city, said Detroit is enforcing laws against graffiti.

" ... We get people coming into the city that view it as a free-fire zone, that view it as a place where no one cares," Baker said. "We're changing that culture of belief."

Fairey completed a roughly 56-metre by 18-metre mural in May on One Campus Martius in downtown Detroit. The work was financed by businessman Dan Gilbert's Bedrock Real Estate Services, which owns the building. The artist also visited with Detroit high school students and showed them examples of his work.

But graffiti similar to Fairey's style also was found on other structures, including a water tower, buildings and freeway underpasses.

Fairey was arrested last week at Los Angeles International Airport and later released. He returned to Detroit on Monday to face the charges.

THE ASSOCIATED PRESS

Left: Interior Secretary Miguel Angel Osorio Chong, in white shirt, arrives at the half-built house where drug lord Joaquin "El Chapo" Guzman made his escape through a tunnel from the Altiplano maximum-security prison in Almoloya on Monday. Right: officers inspect the tunnel exit. LEFT: MARCO UGARTE/THE ASSOCIATED PRESS; RIGHT: MEXICO'S ATTORNEY GENERAL'S OFFICE/THE ASSOCIATED PRESS

Brazen escape called inside job

PRISON BREAK

1.5-km tunnel for drug lord took extensive planning, work

The kind of tunnel that led Mexico's most powerful drug lord to freedom would have been more than a year in planning.

The digging would have caused noise. The entrance would have to be in a place beyond the view of security cameras at Mexico's toughest prison.

As authorities hunted Monday for any sign of Mexico's most powerful drug lord, it was clear that Joaquin "El Chapo" Guzman's escape must have involved inside help on a grand scale.

Interior Secretary Miguel Angel Osorio Chong said as much Monday night. He announced that three prison officials had been fired, including Valentin Cardenas, director of the facility known as Altiplano, a maximum-security prison 90 kilometres west of Mexico City.

"They had something or a lot to do with what happened, and that's why we made that decision," Osorio Chong said.

Still, he did not say who exactly is suspected of aiding the escape. Nor did he talk about rooting out the kind of corruption that led to the escape.

The prison has the same high-security standards as those in the U.S. and Canada, he said, and Guzman was given extra surveillance, including a tracking bracelet, although it worked only inside the prison.

Osorio Chong said the 1.5-kilometre tunnel had been dug 19 metres below the surface and called it a "high-tech" breach of the prison's extensive security measures, including 750 cameras and 26 security filters.

> **It's not just like someone took a couple of tools, shovels and pickaxes. This is a very sophisticated operation.**
> Alonzo Pena, former customs official

Joaquin Guzman COURTESY ATTORNEY GENERAL OF MEXICO

The Mexican government announced it is offering a 60-million-peso ($3.8-million) reward for Guzman's recapture. An Interpol alert was sent to 10 countries, and at least 49 people have been questioned by the government's organized-crime unit, including more than 30 prison employees.

A tunnel of such sophistication — with lights, air venting and a customized motorcycle rigged up on a rail line — would normally take 18 months to two years to complete, said Jim Dinkins, former head of Immigration and Customs Enforcement's Homeland Security Investigations.

"When it's for the boss, you probably put that on high speed," he said.

If anyone was capable of pulling off such a feat, it was Guzman, who is believed to have at least a quarter-century of experience in building large, sophisticated tunnels to smuggle drugs under the U.S.-Mexico border and to escape from hideouts as authorities closed in.

His Sinaloa Cartel has also been most successful in co-opting officials, said Edgardo Buscaglia, an organized-crime expert at Columbia University.

"By far, they are the most infiltrated in Mexico's government institutions," he said.

Experts expressed skepticism that such an engineering project could go on undetected.

Joe Garcia, who retired this year as interim special agent in charge of U.S. Homeland Security Investigations in San Diego, has extensive experience in tunnel investigations. He said the tunnel at Altiplano was longer than any passage ever found on the U.S.-Mexico border.

To pull off such a feat, rescuers likely had intelligence on the prison even before Guzman was arrested, Dinkins said.

Designers and workers would have needed access to sensitive information, such as prison floor plans and alarm and camera systems. And just the noise alone as they bored the final 10-metre vertical shaft directly under the prison to reach Guzman's cell would have generated some attention.

"It's not just like someone took a couple of tools, shovels and pickaxes. This is a very sophisticated operation," said Alonzo Pena, a former senior official at U.S. Immigration and Customs Enforcement. "How could they be there and not hear that construction was going on underneath? It's just impossible."

The area around the prison is a sprawling construction site, with giant water pipes, trenches and excavation crisscrossing the landscape, and that would have made it easy for the tunnel work to go unnoticed, Garcia said.

"It's the removal of dirt and debris that can cause attention," Dinkins said.

An Associated Press reporter who viewed the partially built house where the tunnel ended observed that the dirt level in the yard surrounding the house was half a metre or more higher than the rest of the terrain, indicating workers may have just spread dirt around the property rather than haul it out.

THE ASSOCIATED PRESS

INFLUENCE

Guzman again Chicago's Public Enemy No. 1

The head of a crime-fighting body that's restored Guzman's title as Chicago's Public Enemy No. 1 is "outraged" at his escape.

The Chicago Crime Commission on Tuesday formally restored the label days after Guzman slipped from a maximum-security facility. The group first named Guzman Public Enemy No. 1 in 2013 to highlight how his Sinaloa cartel dominates Chicago's drug trade. His hold on the title lapsed after his 2014 capture. The only other figure to have the title was gangster Al Capone.

THE ASSOCIATED PRESS

Stampede kills 27 pilgrims in India

PUSHKARALU FESTIVAL

Ritual dip turns deadly as panic grips thousands

At least 27 people were killed and dozens injured Tuesday in a stampede during a Hindu religious bathing festival on a river bank in southern India.

The stampede occurred in Andhra Pradesh state as tens of thousands of people pushed forward to bathe in the Godavari River on the first day of the Pushkaralu festival, said Arun Kumar, a state administrator.

The stampede was triggered by some pilgrims who were trying to retrieve their shoes, which had fallen off in the rush to the river bank, police said.

Kumar said the incident, which occurred in the town of Rajahmundry, happened not long after the 12-day bathing festival started in the early morning hours.

Andhra Pradesh's chief minister, Chandrababu Naidu, said 27 people died in the stampede. Another 34 people were hospitalized with injuries, Kumar said.

Thousands of pilgrims, riding in buses, trains and other vehicles, started reaching the pilgrimage centre two days ahead of the festival.

Festival participants believe a bath in the river can rid them of their sins, and many believe it is more auspicious to bathe on the festival's first day.

"There is a false belief that taking a holy dip in the river on the first day of the festival will be more auspicious," said Swamy Swaroopanand, a Hindu holy man. "It's the same as taking dip on any other day."

> **It was a frightening situation, with women and children crying for help.**
> V. Satyanarayana, a pilgrim

V. Satyanarayana, a pilgrim who was at the site, said the stampede lasted nearly 20 minutes.

"It was a frightening situation, with women and children crying for help," he said. "The policemen on duty were helpless and it took more than an hour to bring the situation under control."

Relatives wailed and cried for help over the bodies of victims. Some pilgrims said ambulances were slow to reach the site because the roads were clogged with people.

Indian Prime Minister Narendra Modi expressed grief over the tragedy, tweeting that he was "deeply pained" by it.

Rajahmundry is 450 kilometres east of Hyderabad, the joint capital of Andhra Pradesh and Telangana state.

About 24 million people are expected to take part in the festival at varying points along the Godavari River, which flows through the two states.

In October 2013, a stampede in Madhya Pradesh killed more than 110 people, mostly women and children. THE ASSOCIATED PRESS

Thousands bathe in the Godavari River at Rajahmundry, India, on Tuesday. THE ASSOCIATED PRESS

metro
Fringe Festival
Wednesday, July 15, 2015

The Winnipeg Fringe Theatre Festival runs from July 15 to 26. PHOTO COURTESY OF LEIF NORMAN

Fringe fest captivates Winnipeg

RECORD ATTENDANCE LAST YEAR

The shows are so diverse — there is something for everyone

Danelle Cloutier
For Metro

From a comedic five-step guide to being German to a rock cabaret, Winnipeg Fringe Theatre Festival embraces it all.

"With 182 plays, there's a variety of styles and topics," said Chuck McEwen, the executive producer of Winnipeg's Fringe Festival.

From July 15 to 26, Fringegoers can see bands and street performers at the Cube, family-friendly activities and shows, including kids shows, musicals, improv, comedy, cabaret and spoken-word poetry.

"I think because we're so open, accessible and affordable, and have a huge variety, we can always attract a very diverse group of fringers," said McEwen.

"We always attract first-timers every year, even in year 28."

Last year, the festival broke attendance records with 95,000 attendees to Fringe's outdoor events and 195 sold-out shows. That year, a total of 104,859 people attended indoor shows, surpassing 101,488 attendees in 2013.

"There's something for everybody to find at the Fringe," said McEwen about last year's attendance numbers.

"The Fringe is a very inclusive event where anybody is welcome no matter your age, your education level, whether you love theatre, whether you want to try it for the first time," he said.

McEwen said the Fringe lineup is picked by a lottery draw, which is part of the reason why the shows end up being so diverse.

"We allow artists total artistic freedom to create shows and tell their stories," said McEwen. "When you do that, artists are more committed to producing and presenting their work the way they want to show them to the audience. That allows them to take more risks."

HEADING TO THE SHOWS

What you need to know

- A Winnipeg Fringe Theatre Festival mobile app is now available and has show information and schedules.
- The festival program is now $3 instead of $7.
- Single tickets are $10 and are available in advance or at the door.
- Frequent Fringer passes (14 shows) are $109.
- Half price performances are listed on the website: winnipegfringe.com.

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Bringing performance bondage to stage

BDSM

340ft Up Close a unique interpretation of Japanese rope art

Alana Trachenko
For Metro

Bondage and BDSM have become hot topics in the last few years, largely because of the 50 Shades of Grey franchise.

But what we've learned from 50 Shades is a pretty narrow perspective on what those words mean, and what it might mean to be in the BDSM community. The Winnipeg Fringe Theatre Festival show, 340ft Up Close is returning for its second year to bring the art and beauty of performative bondage to stage.

"A lot of people think it's going to be lewd, and there are aspects to it that you might find in a bedroom, but it's about art," said Richard G., co-director of 340ft Up Close. "And more so, connection."

The performance will include a dozen models and their partners, who will tie rope around their bodies while they hold a variety of poses. Everything is inspired by shibari, traditional Japanese rope art. But the group uses shibari as a starting point; the end result is a unique interpretation.

In some poses, the models will be suspended by rigs after being tied up.

"Sometimes it's for decoration, sometimes it's for restraint and sometimes just to see how little rope you need to suspend someone safely," said Richard. "And it's not just about the rope. There's also a physical struggle to hold the pose."

The group has been training and practising for a few years now to get to the level they're at. It's a hobby that starts out with a few tentative and simple knots, and requires co-operation and communication to move forward.

"The risk is managed by experience," said co-director Martin Kolbus. "This is inherently not a walk in the park kind of activity."

All of the tiers have safety scissors on them at all times.

SHOWTIMES

Location: Eckhardt-Gramatté Hall, University of Winnipeg
Times: July 16 - 9 p.m.
July 18 - 2:15 p.m.
July 19 - 7 p.m.
July 21 - 12 p.m.
July 22 - 7 p.m.
July 23 - 10:45 p.m.
July 25 - 3:45 p.m.

Although they haven't had to use them yet, it's a precaution they insist on. Besides the acrobatic element, the performance emphasis the relationship between the model and the tier.

"It's co-operative. It's not that I do something to her, we're doing it together," said Kolbus. "She is not forced, she is helping with the restricting."

The performance will include a dozen models and their partners, who will tie rope around their bodies while they hold a variety of poses. CONTRIBUTED

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From left, Jane Testar (Outside Joke, Hot Thespian Action, Gas Station Arts Centre, Winnipeg), Shawn Norman (Instant Theatre, Vancouver), Kory Mathewson (Rapid Fire Theatre, Edmonton), Lucy Hill (Globe Theatre, Regina), and Joe Bill (Bassprov, Chicago). JANET SHUM

Lee White, left, and Stephen Sim — the hosts of the Big Stupid Improv Show. The duo is known as CRUMBS. DUNCAN MCNAIRNAY

Big Stupid Improv a favourite

ALL-STAR CAST

Once a fill-in performance, show is now a Fringe staple

Alana Trachenko
For Metro

What started as an accident has become a Winnipeg Fringe Theatre Festival staple. The Big Stupid Improv Show, hosted by Stephen Sim and Lee White, has become a favourite returning act. In 1999, The Big Stupid Improv Show filled in at the festival when another group dropped out.

"It was such a success that the next year I decided not to wait for a last minute dropout," said Sim.

Since then, the show has seen a revolving cast of all-star members who you likely won't see together on any other stage. The chance to see favourite performers acting out unpredictable story lines is a hit with festival-goers, a kind of Saturday Night Live: Winnipeg Edition.

"We take improvisers from other shows while they're in town and make a new cast every night."

But the best part about improv is the chance for everyone watching to affect the story.

"It's interesting to see what the audience will want to watch," Sim said. "A comedic show, you can write, rehearse it and fine-tune it, but what you do with improv is an idea that's happening right now … there's something beautiful about that immediacy."

There's a true connection to the audience, which participates in the show's Director's Cut format. The show opens with five directors leading five stories. After every round, one is voted off, with only the audience favourite left at the end. The hour-long show also takes a lot of its cues from the crowd, in true improv fashion.

Sim and White put on a couple of one-off shows around the city throughout the year, but Fringe has the biggest and most enthusiastic audience.

"What's great about it is that Winnipeg comes out and supports the live events at the festival. Everyone wants to perform for people," said Sim. "It elevates the work that's happening."

Especially with improv, which can't happen without its audience. For these actors, the festival is the best time of year to impress the community and grow as artists.

SHOWTIMES

Location: MTYP - Main Stage
Times: July 15 - 6:30 p.m.
July 16 - Noon
July 17 - 9 p.m.
July 18 - 5:15 p.m.
July 19 - Noon
July 20 - 4:15 p.m.
July 22 - 9:45 p.m.
July 24 - 2:45 p.m.
July 25 - 5:30 p.m.
July 26 - 7:15 p.m.

FREE ENTERTAINMENT AT OLD MARKET SQUARE
JULY 15-26 | NOON TO MIDNIGHT | KING ST. & BANNATYNE AVE.

Visit winnipegfringe.com for full stage lineup.

PHOTOS BY BRETT HOWE & LEIF NORMAN

Journey through life with music, poetry

THEATRE

Love story follows relationship through ups and downs

Alana Trachenko
For Metro

The Winnipeg Fringe Theatre Festival is a place you can see just about anything — comedy, standup, improv, theatre, dance or music. And most of the time, you'll see a bit of everything at once. Especially if you're planning on attending 'Journeys,' a love story told through the poetry, theatre and music of Jordan Phillips and Justin Giesbrecht.

The story follows Lawrence and Sienna's relationship as they navigate through life's unexpected turns. If the concept sounds familiar, well, it should — the characters are supposed to remind us of ourselves and our friends.

"They're set up to be two archetypal people," said Phillips. "We follow them to see that there are certain experiences and emotions that we all share, and that although they're packaged differently, we all experience sorrow, joy, grief."

Phillips borrowed the narrative from an album that he's been working on, also titled Journeys.

He used some of the songs in the performance, while other songs were translated into themes that became the poetry and acting part of the show. What began as separate parts of a puzzle — a song here, a bit of dialogue there — eventually turned into a cohesive story.

"After Fringe last year, I began writing songs and Justin asked if he could take a try at writing. He started working on the themes while I wrote the music, then we wove it together."

Phillips and Giesbrecht decided last year, after working on a couple of Fringe shows, that they wanted to do their own.

"It's a double-edged sword. What we like is that the show is completely ours and there's satisfaction in that," said Phillips. "But it's also nerve-racking because now if we got poor reviews or people didn't connect with it, we can't pretend it wasn't ours, start to finish."

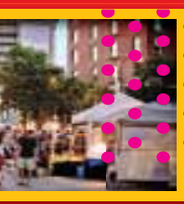
Phillips hopes the audience will connect to the performance, and to each other.

"People will be taken back to their childhoods, to the high and low points in their own relationships, maybe even look at the people around them and think, 'Hey, I wonder if they've ever been through that.' And if they have felt these same things, they'll be more connected."

SHOWTIMES

Location: MTC Up the Alley
Times: July 16 - 1:45 p.m.
July 17 - 6:45 p.m.
July 19 - Noon
July 20 - 5 p.m.
July 21 - 10:15 p.m.
July 23 - 3:30 p.m.
July 24 - 8:30 p.m.
July 26 - 1:45 p.m.

Justin Giesbrecht, left, and Kelsie Dorge will perform Journeys at the Fringe Festival. CONTRIBUTED



CHECK OUT WINNIPEG'S FRIENDLIEST BEER TENT, OUR ZANY STREET PERFORMERS AND GREAT LIVE MUSIC!

- Featured bands at noon and 10pm
- Food vendors & beverage pavilions at Old Market Square
- Merchant market on Arthur St.

Say 'I do' to Undead Newlyweds at Fringe

'TIL DEATH

Expect plenty of audience participation with zombies

Danelle Cloutier
For Metro

Together in life and death.

That's the vow the Undead Newlyweds took four years ago when they started the zombie show that combines circus, theatre, comedy and dance.

"Originality in a street show really takes you far," said Chris Without the Hat, one half of Undead Newlyweds. The characters and costumes were created for the Winnipeg Zombie Walk a few years ago. Chris Without the Hat plays the character Devlyn Smith, the alpha zombie, who delivers circus juggling, fire manipulation and jokes.

Tara Lambert plays the zombie bride, who brings comedy and drama. This year, they're also performing a four-minute choreographed fire routine with fire juggling, fire manipulation, and fire eating vapor tricks. Also new this year, Chris will balance a flaming sludge hammer on his face.

Audience interaction is a big part of the Undead Newlyweds show.

"We're selecting a volunteer from the audience to put their life on the line for our entertainment purposes," said Chris. That's exactly why selecting a volunteer is harder than it sounds.

"When you look scary, it's hard to get people to want to come closer to you," said Lambert.

"They're freaked out but they're also curious so I have to figure out a way to get them to be more curious than freaked out."

She has learned how to entice audiences from acting classes, practicing in the mirror, and performing and figuring out what did and didn't work.

Lambert's background is in synchronized swimming, which involved a lot of work with dance and drama. She was also a coach for 14 years when she choreographed routines.

Chris started juggling when he was seven years old and his love for performing grew over the years.

"Generating an audience out of nowhere and there's something exhilarating or glamourous about that," said Chris, who is also a children's entertainer.

"Maybe they were going grocery shopping and all of a sudden they stop and have such a good time," Lambert added.

"Getting an audience to cheer out of nowhere is fantastic. It's unbelievable," said Chris.

Though the couple dabbles in corporate entertainment, for them, there's nothing like performing on the street.

"After a street show is finished, you put out a hat and receive your gratuity from the audience," said Chris.

"It's the kind of income that's given out of appreciation and that's given in return for giving your 100 per cent to that audience," he added.

"There ain't no money like hat money."

SHOW DETAILS

See the Undead Newlyweds at the Winnipeg Fringe Theatre Festival:

- Undead Newlyweds will perform eight shows at The Cube and 12 shows on the streets in the Exchange District.
- Chris Without the Hat with perform eight shows at the kids venue.
- For more details, visit winnipegfringe.com and undeadnewlyweds.com.

Zombies Devlyn Smith, played by Chris Without the Hat, and the bride, played by Tara Lambert, perform in Undead Newlyweds at the Winnipeg Fringe Theatre Festival. ROSE PINK

The world's premier Streisand impressionist, you'll hear her favourite songs sung LIVE, no lip-syncing, accurately portraying Streisand's voice and look so authentic in his performance, with hilarious stories as "Barbra" talks about her life and 50 year career in show business.

"He's been doing Streisand so long, he's better at it than she is!" *New York Times*

The Canadian Premiere of Steven Brinberg is

Simply Barbra

VENUE #10
Planetarium Auditorium
LIMITED ENGAGEMENT

WINNIPEG FRINGE THEATRE FESTIVAL

7/16 THU 12:45PM
7/17 FRI 7:15PM
7/18 SAT 4:00PM
7/19 SUN 10:45PM
7/20 MON 3:30PM
7/21 TUES 8:45PM
7/23 THU 1:45PM

TICKETS:
www.winnipegfringe.com

Rave curious – ever wonder what they're really like? Do your kids go and not tell about their night? This outrageous comedic epic tale brings that world to life. Experience 3 days of madness, overdosed nights & dancing to forget in this hour-long journey of factual experiences. A portrayal of succumbing to drugs and the eventual rise to achieving dreams and living an inspired, grateful life. A show that guarantee's abundant laughter and inspiration.

THE PLAYHOUSE STUDIO - 180 MARKET AVENUE

Thur, July 16.... 3:45 pm
Fri, July 17..... 7:00 pm
Sun, July 19....12:00 pm
Mon, July 20.....5:15 pm
Tues, July 21.. 10:45 pm
Thur, July 23.....1:45 pm
Fri, July 24.....5:15 pm
Sun, July 26..... 7:00 pm

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FREE FAMILY FUN STARTS TOMORROW!
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PLUS FAMILY-FRIENDLY PLAYS AT KIDS VENUE | $5 TICKETS FOR KIDS
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Plenty for kids to enjoy at Fringe

FUN FOR ALL AGES

Kids Fringe runs alongside the Fringe festival in Old Market Square

Danelle Cloutier
For Metro

At Winnipeg Fringe Theatre Festival there are clowns, performances about Cinderella and Bigfoot and musicals about mysterious castles. There are attractions for kids, too.

Like the Fringe Festival, Kids Fringe has a wide range of events, including art workshops, storytelling and environmental activities.

"It's like an English class in the summer, but way more fun," said Xiam Webster, Kids Fringe co-ordinator.

"Since every kid is different, there has to be something for everyone to enjoy," she said.

Kids Fringe runs alongside the Fringe festival in Old Market Square.

Performances from companies around the world are at the Kids Venue.

This year the festival features activities from Graffiti Art Gallery, Winnipeg Public Library, Folklorama and more.

Oak Hammock Marsh Interpretive Centre has been at Kids Fest for more than 10 years. This year the centre will appear at the festival with a portable pond.

Kids can scoop live insects and animals to look at them while Brian Brunen, the centre's nature interpreter, describes them and states interesting facts. Kids then get a stamp of the bug.

"The kids are so enthusiastic about catching the next bug. It's quite fun," said Jacques Bourgeois, the marketing and promotion co-ordinator at Oak Hammock Marsh.

At Kids Fest, Oak Hammock Marsh also measures people's wingspan and tells them what bird has the same wingspan as them.

"It's basically our way to interact with people and show them how wetlands can be important," he said.

Similar to the Fringe festival, Kids Fringe isn't just about performing.

Kids enjoying a performance at the Cube during the Winnipeg Fringe Theatre Festival. PHOTO BY LEIF NORMAN

"There's something for everybody. You can learn something, you can do crafts," said Bourgeois.

Overall, Webster said Kids Fringe is packed with activities meant to bring kids back year after year.

"They're our Fringers of the future," she said.

For kids who are looking for two weeks of fun, Kids Fringe can get them out of the house and into the Exchange District for entertainment.

"Theatre has the ability to take stories and bring them to life and connect with an audience in a way that you can't get with movies or television," said Webster.

ABOUT KIDS FRINGE

- Runs from July 16 to 26, noon to 6 p.m.
- Shows at the Kids Venue are $5 for kids aged 12 and under
- Reserve a group at a show by contacting groups@winnipegfringe.com
- Enter the Toad Hall Toys colouring contest throughout the festival by picking up an entry form at the store.

GRAHAM CLARK READS THE PHONE BOOK
NNNN -NOW TORONTO
"A MUST SEE" -MOONEY ON THEATRE
RED RIVER COLLEGE -ROBLIN CENTRE
160 PRINCESS STREET
JULY 16 -10:30 PM JULY 17 -5:15 PM
JULY 18 - 1:45 PM JULY 19 -7:45 PM
JULY 21 -12:00 PM JULY 22 -7:00 PM

Fringe offers some great summer fare

SUPPORT LOCAL

Shoppers and foodies can enjoy all the offerings of the Exchange

Alana Trachenko
For Metro

The Winnipeg Fringe Theatre Festival is a great place to see excellent theatre, but it's also a chance to sample some of the city's favourite food and shop for handmade goods. Located in the heart of the Exchange, a variety of restaurants and food carts will be open noon to midnight to feed hungry festival goers.

Festival staples such as Stella's, Little Bones Wings and Nucci's Gelati will be returning.

"They're really great summer fare," said Hayley Brigg, the Winnipeg Fringe Theatre Festival's communications co-ordinator. "There's different options for people with dietary restrictions, and it's nice to be able to offer something for everyone."

While the food vendors will sound familiar to most, the shops will be offering one-of-a-kind crafts and accessories.

"A lot of the [merchants] make these things themselves," said Brigg. "You can't just go into a store and purchase it."

Shoppers and foodies can enjoy the Exchange whether they are taking a break between shows, or are able to wander down on their lunch break from work.

"It's a nice way to break up the festival," said Brigg.

The festival will feature two beverage tents — the Liquor Mart Patio and the Okanogan Spring Beer Tent, which will offer up a few varieties of the British Columbia brand. Everything else at the festival will be local.

"It's a great way to support local food," said Brigg. "These businesses can use the festival to expose patrons to great culinary fare — it's a nice marriage between the two."

Brigg said she's excited to try the pizza from Fired Up Pizza Truck, which she missed last year.

"Last year all the staff kept coming in with these delicious looking personal pizzas," said Brigg.

During the festival, the Exchange District becomes a hub of activity that anyone can enjoy whether they're seeing a show or just enjoying being outdoors.

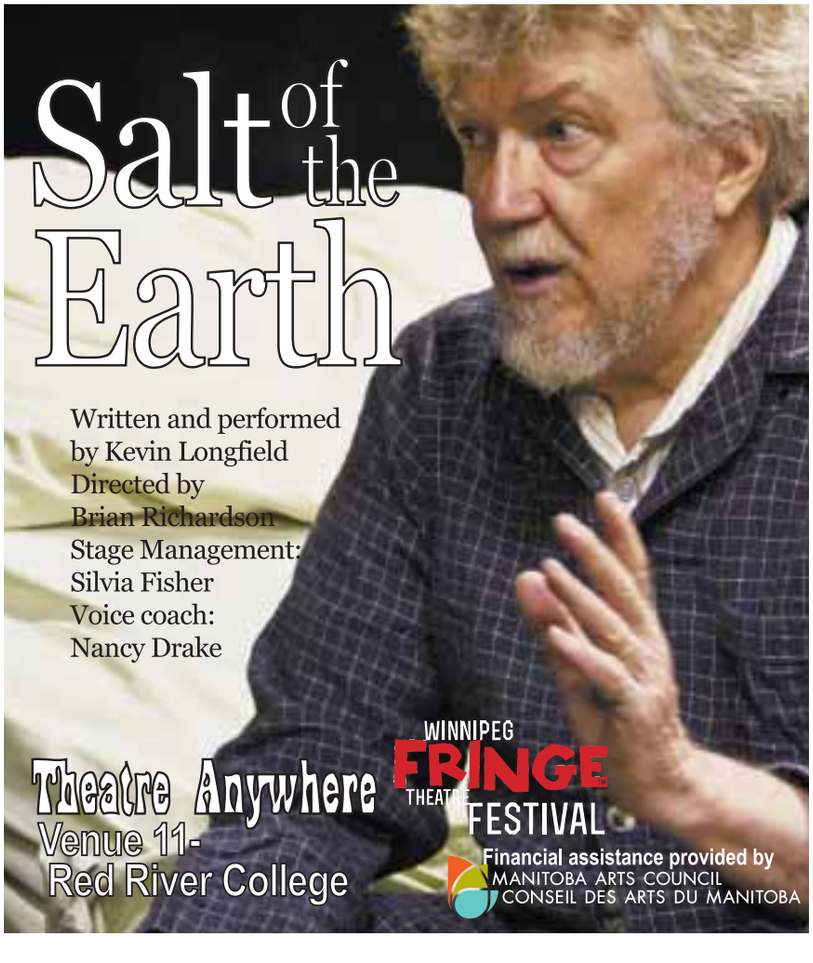
"It's always a good place to come down and talk to others about what they're seeing," Brigg said. "There's also buskers and live music all day."

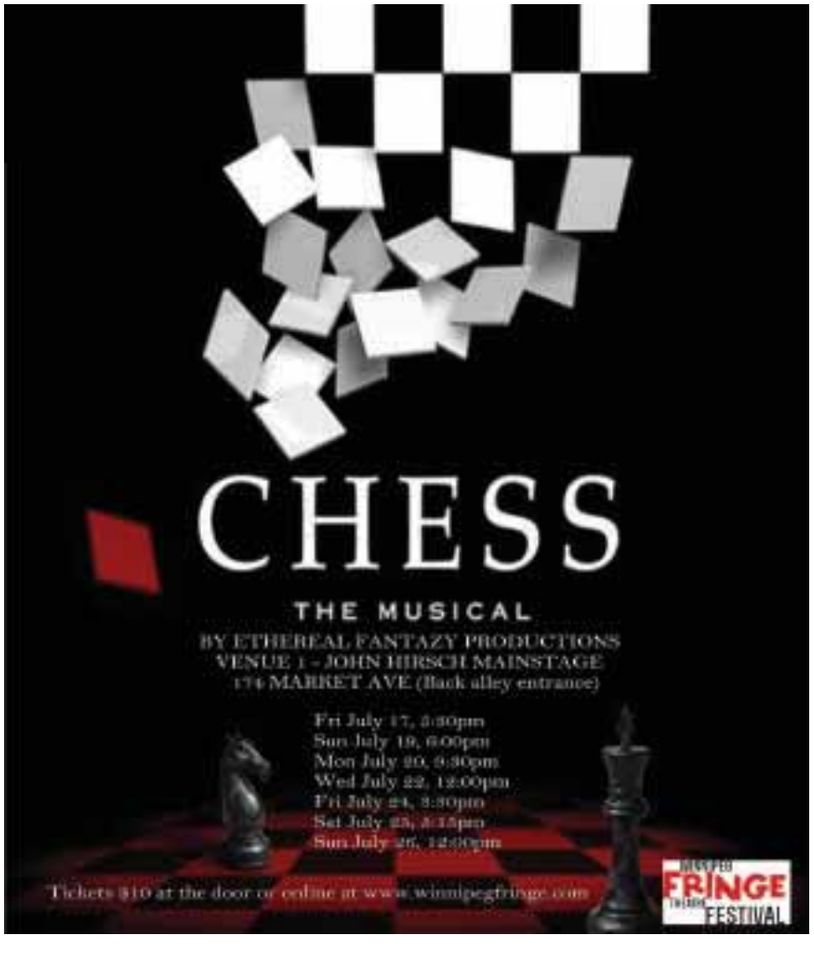
Bands will start performing at noon, with feature bands starting at 10 p.m. every night.

WHERE TO GO

Food vendors: Better Than Baba's, India Palace, Sidewalk Sizzler, Stella's, Fired Up - Mobile Wood-Fired Pizza Truck, Nucci's Gelati, Habanero Sombrero, Little Bones Wings, Mini O's Mini Donuts, Lemon Heaven
Merchants: Accents Plus, Amethyst Crystal Ore and Boulders, Bookman, Chayana'k Crafts, Coexist/Lakshore, Naked Guru/Fimo Man, Exchange District BIZ, Innova Art Craft & Design, Kirkatures, Leda & Spark, Luna Accessories, Mehndi/Henna Tattoos by Aruna, Olga's Jewellery, V'Liz Creation, ZSJ Silks

During the festival, the city becomes a hub of activity, not just for theatre-goers but foodies and shoppers too. COURTESY OF LEIF NORMAN





Banks may not follow BoC

FINANCE

Key rate cut may not trigger national prime rate reduction

Canada's big banks may resist the urge to pass on to borrowers the full benefit if the Bank of Canada decides to reduce its key interest rate today.

CIBC analyst Robert Sedran suggested a 25-basis-point cut in the central bank's overnight rate could be followed by only a 10-basis-point reduction in the prime rate by the big banks.

"Either way, we would not expect an overnight rate cut to be met with a full reduction in bank prime rates," Sedran wrote in a report Tuesday on the eve of the Bank of Canada announcement that is hotly anticipated amid concerns the economy is in a recession.

If the Bank of Canada cuts interest rates, it will be an effort to jump-start the economy by making it cheaper to borrow money.

But a cut by the central bank won't automatically trigger a similar cut in the prime rate — currently 2.85 per cent — at the country's big banks.

Moves in the prime rate affect variable-rate mortgages as well as home equity lines of credit.

When the Bank of Canada unexpectedly cut the rate in January by a quarter of a percentage point, the big banks cut their prime rates by 0.15 — but only after a week of handwringing about what to do.

Mortgage broker Frank Napolitano said if the banks don't pass on the full amount in the event that the Bank of Canada once again opts to cut its key interest rate, they will face the wrath of angry borrowers.

"With the pressure that was put on them in January, they have to give back the quarter point," said Napolitano, managing partner at Mortgage Brokers Ottawa.

The central bank is expected to cut its outlook for economic growth this year from its April forecast of 1.9 per cent.

When the central bank cut the key rate in January, it explained it was buying "insurance" for the economy in the face of falling oil prices.

The damage done by the drop in oil has been more punishing than many expected, and the economy contracted in each of the first four months of the year.

However, economists predict the economy will rebound in the second half of the year, adding clout to arguments that the Bank of Canada should keep rates on hold. THE CANADIAN PRESS

Canada's big banks could resist the urge to pass on to borrowers the full benefit of a cut to interest rates if the Bank of Canada moves to reduce its key rate today, a reluctance that experts believe could anger borrowers. SEAN KILPATRICK/THE CANADIAN PRESS

POLL

Canadians won't borrow more if Bank of Canada cuts key rate: CIBC

A new poll suggests policymakers should have little fear of Canadians taking on more debt if the Bank of Canada moves to lower interest rates today.

The poll, issued by the Canadian Imperial Bank of Commerce, found that 93 per cent of respondents said they were unlikely to increase their borrowing if rates drop. THE CANADIAN PRESS

IN BRIEF

Walmart Canada shutters online photo store after possible data breach

Walmart Canada has taken down its online photo-processing store after learning of a possible data breach.

The company says customer credit-card data on its photo-centre website — operated by a third-party — was potentially compromised. The company says it immediately launched an investigation and will be notifying affected customers. It says it has no reason to believe that transactions on Walmart.ca, Walmart.com or in stores have been affected. THE CANADIAN PRESS

market minute

DOLLAR 78.49¢ (No change)

TSX 14,599.40 (+66.18)

OIL $53.04 US (+$0.84)

GOLD $1,153.50 US (-$1.90)

NATURAL GAS: $2.84US (-2.4¢)
DOW JONES: 18,053.58 (+75.90)

REAL ESTATE

Home sales on fire in Toronto, Vancouver, says Royal LePage

Figures from Royal LePage suggest that Toronto had the hottest real estate market in the country during the second quarter, with double-digit increases in housing.

The Vancouver market was also strong with double-digit price increases for two-storey homes and detached bungalows, although condo prices were up a more moderate six per cent.

But prices were down for some types of residential property in Montreal, Calgary and Winnipeg.

Royal LePage says other major markets across the country saw moderate increases or flat prices for most types of housing during the quarter, including Halifax, Ottawa and Edmonton.

The national average price of a bungalow was up 7.5 per cent from last year at $438,938, the average price for two-storey detached houses rose 6.8 per cent to $471,002 and the average condo price was $268,583, up 3.9 per cent.

Royal LePage released its quarterly report a day before the Bank of Canada's latest interest rate announcement and an updated outlook for economic growth.

However, Royal LePage said a further decline in lending rates wasn't needed to boost the real estate market.

"With most Canadian real estate markets across the country advancing modestly, and some rapidly, Royal LePage advises that a further interest rate cut by the Bank of Canada could over-stimulate markets such as greater Toronto and Vancouver."

It also said a decline in prices for some types of properties in some local markets has increased buyer interest. THE CANADIAN PRESS

$471,002

The national average for two-storey detached homes has increased to $471,002, up 6.8 per cent from 2014.

WALMART

Same-sex spouses denied benefits

A Massachusetts woman filed a class-action lawsuit Tuesday accusing Wal-Mart of wrongly denying employee benefits for same-sex spouses.

Jacqueline Cote says Wal-Mart repeatedly denied medical insurance for her wife before 2014, when the retail giant started offering benefits for same-sex spouses. The couple incurred at least $150,000 in medical costs after Cote's wife, Dee Smithson, got ovarian cancer in 2012.

The lawsuit filed in U.S. District Court in Boston seeks damages for the couple and any other Wal-Mart employees who weren't offered insurance for their same-sex spouses. It asks for money to cover out-of-pocket medical costs and punitive damages.

"I'm following through with this for my wife and actually for anyone else who has suffered a similar injustice," Cote said.

Wal-Mart issued a statement Tuesday noting it expanded benefits last year to include same-sex spouses and domestic partners.

The company said it had not seen the details of the lawsuit, but noted its benefits coverage prior to the 2014 update was consistent with the law.

THE ASSOCIATED PRESS

metro VIEWS
Your essential daily news
Wednesday, July 15, 2015

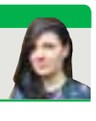
the big number

$1.5M

Is what the Harper government is spending in the run-up to the fall federal election to rerun ads that tout the dangers of marijuana and prescription drug abuse. Health Canada asked the Canadian Medical Association, the College of Family Physicians and the Royal College of Physicians and Surgeons to brand the commercials with their seal of approval. Instead, in a moment of high drama, the doctors' organizations released a joint statement saying the ads turned a public-health matter into a "political football." Originally, the taxpayer-funded video spots ran alongside a Conservative campaign that blasted Liberal Leader Justin Trudeau's pro-legalization stance on pot. Once the writ drops sometime after Labour Day, rules dictate that the ads must be pulled again. THE CANADIAN PRESS

Droughts pose a slow, certain threat to Canada

THE SCIENCE
Stephanie Orford



We finally got the rain we wanted in Vancouver this past weekend. After weeks of drought conditions, the city was thirsty. It's just a taste of the drought effects the whole country has been feeling — an effect of climate change that will likely become the norm across Canada over the next few decades.

Drought is a slow but certain environmental, economic, social and public health threat that Canadians must take measures to adapt to. Government, the private sector and individuals need to think ahead and be prepared for its many effects.

One of the most immediately scary risks of drought is fire — the reason Vancouverites were praying for rain last weekend. The hundreds of wildfires across the province were making the city's air quality more like that of smoggy Beijing. The country's snow pack, which feeds our fresh water supply, is about five per cent of normal thanks to an unseasonably dry spring, turning our boreal forests into kindling.

The rest of Canada is feeling the heat, too. Alberta has experienced more than a thousand wildfires since the beginning of 2015, already up from the annual average of 710. Wildfires don't just drive people from their homes and cause environmental damage. The smoke can have serious health effects.

Drought conditions are a health concern even without wildfires in the picture. The lack of rain across Canada will increase fine particulate matter in the air we breathe, including dirt, pollen and air pollution, affecting everyone's health. Those who spend a lot of time outside — bike commuters, homeless people — and those who suffer from asthma or other pulmonary health conditions will be particularly affected. California's four-year drought is already causing health problems due to poor air quality. Canadian cities could see the same issues, and need to be ready to act next time an air quality issue arises — providing citizens with information on how to protect themselves, and even handing out face masks when needed.

Canada also needs to be ready to respond to increasing food prices. Drought and wildfires in recent years are threatening to stunt crops across the prairies, affecting rural economies and driving up crop prices. This is exacerbated by falling food production out of other regions also impacted by drought, particularly California.

Drought affects fish stocks, too. The reduced Canadian snow pack is depriving B.C. salmon of the waterways they need to spawn.

California's four-year drought is already causing health problems due to poor air quality. Canadian cities could see the same issues.

The provincial and federal governments should be ready to respond, perhaps with financial incentives for farmers who grow crops that are more drought resistant, and support for low-income individuals when food prices rise.

We need to change our habits and policies, at the personal and society levels, to adapt to drought and its effects in the coming years. Let's start thinking ahead now.

Stephanie Orford is a Vancouver-based writer. The Science appears every other Wednesday.

ROSEMARY WESTWOOD

metroview

Here's proof of the government's lack of faith in Muslims

It was a ludicrous idea.

Last week, a senate report on terrorism suggested the government help train and certify Canadian imams.

Imagine the same call aimed at priests or rabbis.

But that was only one of 25 recommendations in a report that seems written by hand-wringing outsiders huddled at the door of the Muslim faith, peering in through a keyhole. If we needed a document to prove our government's lack of ties to, and understanding of, Muslim Canadians, we now have one.

Take, for instance, the Canadian Council of Imams.

The council represents approximately 200 Muslim leaders across this country — a vast majority, as member Imam Shaykh Yusuf Badat told me. The group believes the report is deeply lacking in input from the Muslim community, and thus is deeply flawed, he said.

The council is only mentioned once, in a sentence noting that it disagrees with the conclusion that mosques are a source of radicalization. (Perhaps senators missed the news that 38 Canadian imams issued a fatwa against ISIS followers in March, denouncing them as non-Muslim).

Out of 58 witnesses, the committee spoke to just two imams, giving them equal voice to the Canada Revenue Agency.

The report recommends the government work with Muslims to "create an effective counter-narrative" to terrorist ideology. Meanwhile, Muslims have been in the business of discrediting terrorist propaganda since 9/11, Badat said.

But there is a wider tone-deafness toward Canadian Muslims.

"This year was the first time our prime minister held an Iftar (Ramadan feast) event," Badat noted. "He hasn't been to a single Muslim Sunni event, and Sunni Muslims are majority in Canada."

Badat pointed to the niqab ban at citizenship ceremonies, Bill C-51 and the new second-class status of dual citizens. "All these bills lately, they seem to be fear-mongering against the Muslim community," he said. "God knows best, are they deliberately doing this, or are they generally ignorant?"

And yet Badat is not discouraged by anti-Muslim sentiment. He believes most Canadians see the vast difference between Islam and terrorism. But even if that's true, the Senate report could only have been written above a low hum of Islamophobia.

And since fear is born of ignorance, now would be a good time to admit you know next to nothing about Islam. Then ask yourself: Who's a better teacher? The government, or Muslims themselves?

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Steve Shrout
MANAGING EDITOR WINNIPEG
Elisha Dacey
ADVERTISER INQUIRIES
adinfowinnipeg@metronews.ca
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Your essential daily news

Whoopi Goldberg backing off her support for Bill Cosby after getting legal advice

Pluto gets its close-up

The tiny, icy dwarf planet is getting major attention thanks to its first visit by a spacecraft, NASA's New Horizons. Yesterday's flyby — with the closest approach being the approximate distance between New York and Mumbai — is expected to open up new ground on the last unexplored planetary territory in our solar system. Here's a rundown on Pluto, a 20th-century discovery about to become the 21st-century darling of astronomers. **THE ASSOCIATED PRESS**

DISCOVERY

Mythological roots

Pluto is the only planet (OK, now former planet) in our solar system discovered by an American. Astronomer Clyde Tombaugh spotted the dot in 1930. The name came from a British schoolgirl, Venetia Burney, then 11, based on the mythological god of the underworld. Tombaugh died in 1997 at age 90. Some of his ashes are on board New Horizons, and his two children, now in their 70s, were at the mission operations centre for Tuesday's celebration.

FIVE MOONS

A mini solar system

Big moon Charon was discovered in 1978, followed by little moons Nix and Hydra in 2005, Kerberos in 2011 and Styx in 2012. The Hubble Space Telescope revealed all four baby moons. Astronomers stuck to underworld undertones when it came to the names. New Horizons will hunt for more moons, but at this point, they would have to be pretty elusive. The Pluto empire, complete with six bodies, at least for now, is like its own mini solar system.

DISTANCE FROM SUN

Forget the shades

Pluto is so far from the sun — between 2.8 billion and 4.6 billion miles — that twilight reigns. At high noon on Pluto, it looks as though it would be dawn or dusk on Earth. It takes 248 years for Pluto to orbit the sun. Thus, it's only made it about one-third of the way around the sun since its discovery in 1930. Every so often, Neptune's orbit exceeds Pluto's, putting Neptune slightly farther out.

STATUS

The once (and future?) planet

Pluto is the only planet to get kicked out of the solar system club. Just seven months after New Horizons rocketed away from Cape Canaveral, Fla. in 2006, the International Astronomical Union declassified Pluto as the ninth planet for technical reasons. Instead, it became a dwarf planet. The decision left the solar system with eight full-fledged planets, with Mercury replacing Pluto as the smallest. New Horizons scientists, as well as NASA's leaders, are hoping the new pictures will restore Pluto's planet status.

SERENDIPITY

Mars legacy

In a cosmic coincidence, the Pluto flyby — the culmination of a journey spanning more than three billion miles and nine and a half years — occurred 50 years after Mariner 4's flyby of Mars that yielded the first close-up pictures of the Red Planet.

FURTHER EXPLORATION

The twilight zone

Pluto is the biggest object in the icy Kuiper Belt, also known as the third zone after the inner rocky planets and outer gaseous giants. The Kuiper Belt is full of comets and other small frosty objects. It's named after the late Dutch-American astronomer Gerard Kuiper, who proposed a bevy of small bodies beyond Neptune back in the 1950s. The New Horizons team hopes to go after a smaller Kuiper Belt object following the Pluto flyby, provided a mission extension is approved.

Steve Gow
For Metro

Ever since it was demoted to "dwarf planet" in 2006, Pluto has been due for a bit of redemption — and now it may finally get some.

Yesterday, NASA's New Horizons space probe was due to arrive at the end of the solar system, intent on grabbing the first-ever up-close images of Pluto, ending 85 years of mysterious speculation about the icy globe. Daily Planet host Dan Riskin was lucky enough to be invited into NASA's mission control in Maryland to witness the incredible feat for Pluto: First Encounter — a one-hour special chronicling the journey and history of the tiny underdog planet. Riskin spoke with Metro recently to explain why everyone should watch the special, which airs tonight on Discovery.

Why scientists are excited

"You've got to realize that while we've been going about our lives, this thing has been headed toward Pluto for nine years (and) the other thing that puts it in context is that when this thing launched, Pluto was still a planet. Pluto famously had that demotion (to) dwarf planet and there are people who wish there were still nine planets and don't like this business with eight planets with weird dwarf planets — and we get into that with the special."

> **The fact that it weighs .2 per cent of what the Earth weighs is crazy. I don't think people realize how small it is.**
> Dan Riskin

Why Riskin is excited

"That's one of the perks of this job — I get to put myself in places where I'm pinching myself. I was (there) when they landed the Curiosity Rover on Mars and that was one of the defining moments of my life.… We're going there to be with NASA as they get those first images, so we're going to see their reactions when they see the face of this planet — you can bet there are going to be tears. This is a lifelong fulfilment for a lot of these people."

Why you should be excited

"What's happening is actually a really important moment in the history of our species. This is the last of the original nine planets and we're finally getting a glimpse of it. In our lifetime, there just aren't going to be many moments like this — where we get our first look at something that we've always known about (but never seen)."

Jackman boosts fair trade coffee

DOCUMENTARY

Film follows his journey to Ethiopia and awareness

Richard Crouse
Metro | Life

The new Hugh Jackman movie could have been called Wolverine Goes to Ethiopia.

Instead, the documentary of Jackman's trip to the African country to raise awareness about the benefits of fair trade coffee and ethical consumption is called Dukale's Dream and debuted on iTunes yesterday.

The story began six years ago when Jackman and his wife Deborra-Lee Furness teamed with World Vision as ambassadors. On their first trip to Ethiopia they met a coffee farmer named Dukale, a man who would inspire them personally and professionally.

"When we met Dukale there was definitely a sense that he and Hugh had a great and immediate connection," says the film's director Josh Rothstein.

"There is just something about his personality and Hugh's personality. By default they both lead with smiles and warmth. There is something amazing about watching these two people from such different cultures just having this immediate connection. They both got a kick out of each other."

The connection made with this Ethiopian farmer deepened Jackman's commitment to using his fame to raise awareness for fair trade coffee. "He's well aware he has that profile and that's part of what we document," says Rothstein, "his sense of a responsibility. Of saying, 'I have this profile, what do I want to do with it?'"

Dukale's Dream is part of the mission but, as the film shows us, Jackman also put his money where his mouth is with the establishment of Laughing Man, a coffee company that only sells fair trade coffee and tea — products farmed using ecologically friendly methods and sold for the benefit of the farmer and consumer, including coffee that comes directly from Dukale's farm.

Hugh Jackman's new film documents his trip to Ethiopia to raise awareness about the benefits of fair trade coffee. HANDOUT

All Jackman's profits are donated to the Laughing Man Foundation, which supports educational programs, community development and entrepreneurs around the world.

Laughing Man demonstrates how consumers can be directly linked to the coffee chain to create jobs and better lives for people the world over, but Rothstein hopes the film opens eyes as well.

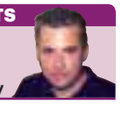
"I'd love to be able to look back and say the film really helped to move the needle in the space of making coffee a one hundred per cent sustainable commodity," he says.

"It has such a profound impact on global poverty and the environment. (We) can impact various industries with (our) purchase choices. That is the larger agenda. I think it is possible and I think there is something contagious about the idea that in our everyday lives we have power."

BLOODY MARY

Add some Harry to that Mary

LIQUID ASSETS



Peter Rockwell
@therealwineguy

While in Paris last month I made a pilgrimage to Harry's New York Bar.

It attracts a lot of tourists thanks to its claim that, since opening in 1911, everyone from Ernest Hemingway to George Gershwin has darkened its swinging saloon doors.

I was after some liquid history. Harry's claims to have invented some of the cocktail world's most famous drinks, including the Side Car and the Bloody Mary.

Served by bartenders wearing ties and white jackets, a Harry's Mary is a true work of art that's worth every penny of its $20 price tag (at least that's what I keep telling myself).

I was curious about what vodka they used. It turned out to be Poland's Wyborowa ($21.99 – $26.40), chosen because of its forward, textured flavour that doesn't get lost amongst the mix.

ESPY AWARDS

Joel McHale steps up to the plate

Joel McHale has landed the ultimate gig for a serious sports fan: hosting the ESPY Awards.

The actor won't be shy about taking aim at the athletes he idolizes when he presides over the annual show honouring the year's best sports moments.

And that includes Caitlyn Jenner, who will accept the Arthur Ashe Courage Award.

McHale has perfected skewering pop culture and reality TV as host of The Soup on E! for 11 years. So hosting the ESPYs isn't much of a stretch.

The show airs live tonight on ABC for the first time after 22 years on sister network ESPN.

Joel McHale will host the 2015 ESPY Awards. AP

"Everybody is open to have jokes about them if I'm there," he said recently. While still in the early stages of planning and writing the show, which will be held at the Microsoft Theater, McHale said he had free rein from the network.

Microsoft Theater, McHale said he had free rein from the network.

"All I care about is if the jokes are funny," he said. "It could be an edgy joke or it could be a family affair."

Jenner's children from three marriages are expected to be on hand, including the Kardashian clan. Her selection to receive the Ashe Award, named for the late tennis player who died in 1993 after contracting AIDS from a blood transfusion, generated strong debate online.

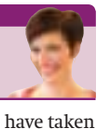
"The reactions have been so extreme to Caitlyn being given this award," McHale said. "You can't deny in the '70s that Bruce Jenner was the biggest, most famous athlete in America next to Muhammad Ali. Sheer athletic accomplishment definitely deserves that award."

THE ASSOCIATED PRESS

ENVIRONMENT

Make the most of your daily grind

NUTRI-BITES



Theresa Albert
myfriendinfood.com

Home pod brewers have taken over the universe and the landfills. The recent news that K-Cup makers are bringing back the My K-Cup may or may not have anything to do with customers having "passion for" brewing their preferred bagged coffee. It may indeed have to do with the cost and the waste.

We all feel badly about tossing these disks in the trash but is there anything new you can do with the detritus of your addiction to easy caffeine?

- All of the used coffee within pods can be opened and dumped into your green bin.
- Raw grounds can be sprinkled in your garden but only around acid-loving plants like azaleas and blueberry bushes.
- There are compostable K-Cup varieties available.
- Keurig commits to making all pods recyclable by 2020.
- Tassimo brand now has a recycling program that offers pickup programs or drop-off spots across the country.
- Switch back to French Press. It delivers more bang for your financial and nutritional buck.

We are living in a time when a cup of coffee is so much more than a cup of coffee. The taste of it is only the tip of the iceberg. Was it ethically and ecologically grown? Were the farmers fairly paid? And what do you do with the waste?

metro DRIVE
Your essential daily news

The U.S. will be home to 92 million connected cars by 2019: Research

A fun, refined electric option

ROAD TESTED

THE CHECKLIST | 2015 FORD FOCUS ELECTRIC

THE BASICS

Type. Compact, five-door, FWD, hatchback.
Power. 107 kW (143 horsepower) electric motor fed by 23.0 kWh lithium-ion battery.
Transmission. Single-speed automatic.
Price. Base $32,505 (plus destination).

POINTS

- 135 km/h top speed, with an approximate range of 120 kilometres on a full charge.
- Lower pricing and higher content for 2015; also eligible for provincial EV incentives.
- Very quiet and refined road manners.

MIKE GOETZ/FOR METRO

COOL FEATURES

- Remote and programmable charging to leverage less expensive electricity rate periods.
- Premium Sony sound system, Ford Sync, Ford MyTouch, and voice-activated navigation.
- Seat cushions made of 100 per cent recycled content.

MARKET POSITION

- Targeted at entry-level section of EV market, currently dominated by Nissan Leaf.
- Appealing to first-time EV users desiring "regular" car looks and driving dynamics.
- Optioned and equipped at the high end of the Focus scale.

THE COMPETITION

Nissan Leaf
Base price: $31,998

Kia Soul EV
Base price: $34,995

Mitsubishi i-MiEV
Base price: $27,998

REVIEW

Compromised range, trunk mar solid Ford Focus

Mike Goetz
Metro | Canada

The Ford Focus Electric is an ideal electric vehicle (EV) for those who want to ease into the electrical revolution.

It is based on, and looks identical to, the gas-powered Focus five-door hatchback.

Driving feel also leans toward what petroleum users know and love.

The C-platform it shares with all Focus models makes Focus Electric a bit heavier than the Nissan Leaf platform, which was conceived exclusively for EV use. The extra weight meant Ford also had to go with a bigger battery, which added even more weight. Net result: The EV has a credible, though not great, 120-kilometre range.

Also biting into range is a cooling and heating system for the battery, and an air-conditioning system that seems to have a big appetite for electricity.

The motor is hooked up to a single-speed transmission, which makes the super smooth electrical experience even smoother.

The overall effect is a solid and secure-feeling small car, with the quiet refinement and initial acceleration launch of a big V8 or V6-powered sedan. At higher speeds the motor's limitations show up, but around town, it's a winner.

A high level of content furthers the upscale feeling. This thing's got everything: high-end stereo and navigation that responds to voice commands, backup camera, SiriusXM, Wi-Fi, 17-inch aluminum wheels, leather trim, and SmartGauge with EcoGuide instrument cluster.

The latter helps you manage your charging and coaches you to drive in a manner to get the most out of your charge. One of the things it does is display flying butterflies when you're doing well. A bit cute, but anything that's so visually easy to take in actually does work. Otherwise, you need to apply yourself to learn all the charging options, and learn the Ford MyTouch system, which is not state-of-the-art intuitive.

The rear seats are just as accommodating at those found in regular Focus models, but the big battery seriously compromises the cargo area.

My daily commute is not long, but I do have one, and this Focus completed it all week, with some errand running, on one, overnight charge. And it did all its electrical magic with a very "natural" feel that didn't need a lot of emotional adjustment on my part.

DRIVING FORCE

Drivers should heed signs of drowsiness

Jil McIntosh
For Metro

All drivers know they shouldn't drink and drive, but not everyone realizes that being sleepy can be just as dangerous. If you're drowsy behind the wheel, your steering and reaction time can potentially be just as poor as if you're intoxicated.

"You can lose your ability to see signs, to see clearly, or to make effective decisions," says Teresa Di Felice, director of driver training for CAA South Central Ontario. "A lot of things are happening on the road, and you might not respond in a timely manner to road conditions and driving."

A report by Canada's Traffic Injury Research Foundation found that an estimated 26 per cent of all crashes involving injury or death are due to driver fatigue. Another survey also found that about 60 per cent of Canadian drivers admitted to occasionally driving when they were too tired, while 15 per cent said they had fallen asleep behind the wheel.

Time to pull over

Some of the danger signs include difficulty focusing or keeping your eyes open; excessive yawning or blinking; missing traffic signs or exits, or not remembering the last few kilometres you've driven; having wandering or disconnected thoughts; drifting out of your lane; feeling restless or irritable; tailgating or hitting the brakes for no reason; or having trouble keeping your head up.

"People just want to get to where they're going, and they say they're not going to stop," Di Felice says.

"If you're on a highway and it's a monotonous drive, it can (put you) in the mode of being drowsy because you're not as visually stimulated. And everyone's so busy and there's lack of sleep. If you're falling below that seven to nine hours of recommended sleep for adults, or eight and a half to 10 for teenagers, your mind and body will be tired," Di Felice adds.

Brake for breaks

On a long drive, it's recommended that you stop roughly every two hours for a 10-minute break, which you should spend walking around the car and perhaps getting a caffeinated drink or something light to eat, such as a piece of fruit.

If you find you're just too tired and don't have anyone who can take the wheel, find a safe place to pull over and nap in the vehicle for 20 to 40 minutes.

Drowsiness can often be more of a problem when you're closer to home, since the area is familiar and you're not paying as much attention. You're also less likely to consider pulling over for a rest if your destination isn't far away, but if you're tired, resist the temptation to push through, and take a break to stay safe.

New Alpine to feature up to 300hp

NEW CARS

Renault to resurrect sporty brand

Renault is to relaunch an Alpine program, with plans to release a first model by the end of 2016, probably inspired by the Célébration show-car.

Presented at Le Mans in France ahead of the prestigious 24-hour race last month, and then at Goodwood in England during the Festival of Speed, the Alpine Célébration bills itself as a sporty two-seater coupe in the spirit of the old competition Alpines.

The car stands out thanks to its relatively low profile, sloping, creased hood, sculpted sides, distinctive rear window and other design details, all clear echoes of models like the A110 that have featured so prominently in Alpine's glorious history.

According to industry press, the new car foreshadows a future production model that will likely have a four-cylinder 1.8-litre gas engine pushing out between 250 and 300hp and with a total weight of about 1.2 tonnes.

This new Alpine could even roll out with different power units for different versions, making it a direct rival to cars such as the Alfa Romeo 4C and the Lotus Elise.

The first model, in the spirit of the A110, could make its first appearance at the 2016 Paris Auto Show and be commercialized shortly thereafter. Other Alpine projects are also supposedly in the works, including an SUV.

Founded in 1955 by Jean Rédélé, a manufacturer of racing and sports cars that used rear-mounted Renault engines, Alpine merged with Renault in 1965. Beyond its production cars, the brand made a name for itself in rallying, where it won the constructor's championship in 1973, and also at the 24 Hours of Le Mans, where the Renault Alpine dominated the race in 1978.

Though the brand closed shop in 1995, the Alpine name made a comeback in 2013 in endurance racing. AFP

The Alpine Célébration takes the spotlight June 13 at the 24 Hours of Le Mans race in France. FRÉDÉRIC LE FLOC'H /DPPI

FUEL EFFICIENCY

Honda sets record

Two members of Honda's research and development team have managed to achieve an average fuel economy of 100.31mpg (2.8l/100 kilometres) during a drive across Europe in a standard, diesel-powered Honda Civic Tourer.

The accomplishment marks a new Guinness World Record for Lowest Fuel Consumption — All 24 Contiguous EU Countries.

The journey, which started in Aalst, Belgium, saw the car travel clockwise through each of the 24 contiguous EU countries and cover 13,497.57 kilometres in 25 days.

As well as averaging 100.31mpg — a 25 per cent increase on the car's officially quoted fuel efficiency (74.3mpg) — the Civic Tourer also averaged 1,500 kilometres on a tank of fuel, meaning there were only nine refuelling stops in total. AFP

AUTO NEWS MIAMI VICE FERRARI UP FOR AUCTION IN AUGUST

The 1986 Ferrari Testarossa from Miami Vice. WILLIAM STERN, COURTESY OF MECUM AUCTIONS

The 1986 Ferrari Testarossa used in the classic '80s cop show Miami Vice will be going under the hammer at the Mecum Daytime Auction in Monterey, Calif., on Aug. 15. The star of Miami Vice wasn't Don Johnson or Philip Michael Thomas, it was the bright white Ferrari Testarossa the undercover cops used to chase down drug dealers and other miscreants. The car has been sitting in storage since the show finished in 1989 and was only unpacked earlier this year for a full engine-out service. It has 25,949 kilometres on the clock and has been authenticated by Ferrari Classiche. Mecum has yet to place an estimate on the car, but a standard, immaculate Testarossa can fetch more than $150,000 at auction. For a car as iconic as this, however, the figure could be 10 times higher. AFP

Platinum model shown

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Sport model shown

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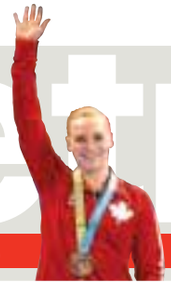
metro SPORTS
Your essential daily news



Halifax gymnast Ellie Black won her third medal of the Games, taking bronze in the women's vault

Paddlers pad gold-medal tally

PAN AM 2015

Canadian rowers add handful of top finishes

A large contingent of family and friends braved the rain to watch local rower Carling Zeeman dominate the competition.

Zeeman won the women's single sculls race at the Pan American Games on Tuesday, finishing more than seven seconds ahead of her closest competitor.

"It's kind of a special moment for me," she said. "And it really touches me that everyone is coming out to watch. It is a rainy day but it's certainly not dampening any spirits at the finish line. The momentum they have going down there is just, it's unbelievable. I love it. It just adds to the fun of racing."

That win set the stage for another huge day for Canadian rowers at the Royal Henley course in St. Catharines, Ont. Canada won three rowing gold medals to increase its total to seven — five golds and two bronze — with one more day of racing to go.

It was also another multi-medal day for Canada's paddlers competing a few kilometres down the highway at the Welland Flatwater Centre.

Zeeman, from nearby Cambridge, Ont., kicked things off for the rowers, winning the women's sculls in seven minutes 30.86 seconds, easily outdistancing Katherine McFetridge of the United States.

"It was my plan to go out hard and stay out in front," she said.

That victory was followed with a gold medal in the women's lightweight double sculls by Victoria's Liz Fenje and Katherine Sauks of Owen Sound, Ont.

Fenje and Sauks won with a time of 6:57.23. The held off a late charge from the Cubans, who took silver in 7:00.36.

"We actually didn't have the greatest first couple of strokes in our race, but suddenly we just locked into it and felt ourselves pulling away," said Sauks.

Jason McCoombs of Dartmouth, N.S., added a silver in the C-1 200 metres, while Michelle Russell of Fall River, N.S., won silver in the women's K-1 200.

Canada finished the day of racing by winning the men's quad sculls.

Matthew Buie of Duntroon, Ont., Julien Bahain of Sherbrooke, Que., Will Dean of Kelowna, B.C. and Rob Gibson of Kingston, Ont., also led the race and won with a time of 5:42.22 seconds.

"Going out right off the start we wanted to get a solid lead because we knew once we came down here (the midway at Henley Island) it could get pretty rough and it's really hard to come back from behind in this rough water," Buie said.

In Welland, Mark de Jonge of Halifax and Laurence Vincent Lapointe of Trois-Rivieres, Que., led the medal rush with golds.

De Jonge captured gold in the K-1200 metres, and has his sights set on the top of the medal podium at next year's Rio Olympics.

"We were training pretty hard last week and didn't have that taper going into this as much as we would for worlds," de Jonge said. "But you just have to deal with it. The long-term goal is qualifying for the Olympics, and ultimately win a gold medal at the Olympics."

Vincent Lapointe dominated the women's C-1 200 in the event's Pan Am Games debut, roaring to gold by a margin of more than two seconds.

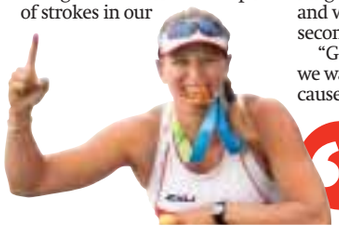
"I was tired at the end, but I said to myself, 'This is the Pan Am (Games), I can't give up," she said. "I gave my all for Canada."

De Jonge and Pierre-Luc Poulin of Lac-Beauport, Que., also earned a bronze in the men's K-2 200 metres, earning a tie with Brazil. THE CANADIAN PRESS

Mark de Jonge of Halifax captured gold in the K-1 200 metres in Welland, Ont., on Tuesday. AARON LYNETT/THE CANADIAN PRESS

5

Canada's canoeists and kayakers won five medals Tuesday, including two gold, giving the host country 10 overall in sprint events.



It is a rainy day but it's certainly not dampening any spirits at the finish line.
Carling Zeeman

SWIMMING

'Pegger picks up 2 golds

Winnipeg's Chantal van Landeghem beat decorated American swimmer Natalie Coughlin on Tuesday to win the gold medal in the women's 100-metre freestyle at the Pan American Games.

Van Landeghem claimed Canada's first swimming medal of the Games in 53.83 seconds to set a new Pan Am record.

Coughlin took silver in 54.06 seconds.

Van Landeghem then teamed with Sandrine Mainville of Boucherville, Que., Montreal's Katerine Savard and Toronto's Michelle Williams to win the women's 4x100 relay in a Pan Am record time of 3:36.80.

Chantal van Landeghem
FRANK GUNN/THE CANADIAN PRESS

Canada added another gold when Montreal's Audrey Lacroix won the women's 200-metre butterfly in two minutes 7.68 seconds.

In the men's 100-metre freestyle, Santo Condorelli of Kenora, Ont., won the silver medal in 48.57 seconds.

The men's 4x100 relay team added another silver, while Zack Chetrat of Oakville, Ont., added bronze in the men's 200 butterfly.
THE CANADIAN PRESS

MLB commish wary of shortening season

BASEBALL

Easing schedule for players a 'major, major economic issue'

Cutting the length of Major League Baseball's regular-season schedule could be tied to reconfiguring the post-season.

Baseball players are increasingly complaining of the toll of playing 162 games in 183 days. The schedule was 154 games before the AL added eight games when it expanded in 1961, and the National League adopted the new format when it added two teams for the 1962 season.

"A shortened schedule is a major, major economic issue," commissioner Rob Manfred told the Baseball Writers' Association of America on Tuesday.

"We sell out in a lot of markets in terms of gates. The gates are really valuable to us. We have television commitments. Each local contract varies, but there are game guarantees that could be affected by a shortened season."

Baseball's national television contracts run through the 2021 season and are based on the current format. Local broadcast deals would be impacted by a schedule change.

"Usually when you have a big economic issue where you're giving up revenue, you've got to figure out something that is offsetting in the other direction," Manfred said. "The one obvious possibility is you make a change in terms of playoff format. I'm not suggesting that we're anywhere on either of those topics, but I do think if you shorten the season, there would be pressure to look at the post-season, as well." THE ASSOCIATED PRESS

CBA FODDER?

Reconfiguring the post-season is one issue expected to come up in 2016 MLB collective bargaining.

Fans may get their best-of-three wild-card series if MLB goes to a shorter schedule someday — perhaps after 2016 collective bargaining. It would be one way to offset revenue losses from the regular season.

MLB STARS SQUARE OFF IN CINCINNATI Toronto Blue Jays American League all-stars Josh Donaldson and Russell Martin leave the field prior to the start of the all-star game on Tuesday night in Cincinnati. Go to metronews.ca for coverage of the Midsummer Classic. JOHN MINCHILLO/THE ASSOCIATED PRESS

GOLD CUP

Klinsmann shakes up scuffling U.S. side

Jurgen Klinsmann spouted optimism after the United States played Panama to a 1-1 draw to wrap up the group stage of the Gold Cup, reasoning that despite a trio of sluggish performances the Americans had still survived unbeaten.

That didn't stop Klinsmann from shaking up his roster less than 24 hours later.

The coach chose to add DaMarcus Beasley, Joe Corona and Alan Gordon for the knockout rounds, which begin with the quarter-finals Saturday in Baltimore. Taking a seat are Greg Garza, Alfredo Morales and Jozy Altidore, who has been hampered by an ailing hamstring.

Teams could make up to six roster changes using their 35-player preliminary list.

Altidore started the first two games in the group stage but was substituted out of both. He was left on the bench against Panama on Monday night.

"We believe that Jozy's just not there yet. Jozy never really got into this tournament and never really picked up the rhythm," Klinsmann said in announcing the changes Tuesday. "He's just simply not in the shape right now to help us."

Jozy Altidore GETTY IMAGES

Klinsmann said he knew that Toronto FC's Altidore might not be match fit when he selected him for the Gold Cup, and that's why Gordon was on standby from the beginning. The Los Angeles Galaxy striker will make his 2015 debut for the national team after playing in the Gold Cup two years ago.

The U.S. finished 2-0-1 atop Group A, though the unblemished run wasn't without stress. The Americans scuffled to a 2-1 victory over Honduras and needed a big play from Clint Dempsey for a 1-0 victory over Haiti. THE ASSOCIATED PRESS

Go to metronews.ca for coverage of Canada's match against Costa Rica on Tuesday night.

NHL IN BRIEF

Bournival back with Habs
Forward Michael Bournival agreed to a one-year, two-way contract with the Montreal Canadiens on Tuesday.

The 23-year-old Bournival played 29 games with the Canadiens in 2014-15 with three goals and two assists. He was a plus-3 with just four penalty minutes.

Bournival had three goals and six assists in 12 games with the American Hockey League's Hamilton Bulldogs, with a plus-4 defensive rating. THE CANADIAN PRESS

Devils hang on to Gelinas
The New Jersey Devils have re-signed defenceman Eric Gelinas to a two-year, $3.15-million US contract.

Devils general manager Ray Shero announced the signing on Tuesday. The team had maintained its rights to the restricted free agent by making a qualifying offer late last month.

Gelinas led all New Jersey defencemen with six goals, playing in a career-high 61 games last season. He finished tied for third among all NHL rookie defencemen with seven goals and 22 assists in 60 appearances the previous season. THE ASSOCIATED PRESS

Rangers sign up RFA duo
The New York Rangers have signed restricted free agent forwards Emerson Etem and Oscar Lindberg.

General manager Jeff Gorton announced the moves on Tuesday.

The 23-year-old Etem was acquired after the season from Anaheim in a trade for Carl Hagelin and draft picks.

Etem had five goals and five assists in 45 games for the Anaheim. He also had three goals in 12 post-season games. The California native has 15 career goals and 16 assists. THE ASSOCIATED PRESS

TOUR DE FRANCE

Froome lands Stage 10 'hammer blow'

Chris Froome used the first high-mountain stage of this year's Tour de France to take control of the race, powering up a punishing climb in the Pyrenees on Tuesday at a pace none of his rivals could match.

Froome and his Sky teammates killed off the hopes of one contender after another, including 2014 winner Vincenzo Nibali, the first of the big favourites to crack on the final ascent of Stage 10 to the ski station of La Pierre-Saint-Martin.

As Sky led the way, with three support riders strung out in front of Froome to tug him up the gradients, the lead group shrunk to less than a dozen of the hardiest climbers. Alberto Contador, the 2007 and 2009 winner, was the next former champion to wilt as Sky rider Richie Porte generated another burst of speed.

With six kilometres to go, on some of the steepest sections, Froome tore away alone, out of the saddle as he accelerated. The last rider to stay with him, 2013 runner-up Nairo Quintana, couldn't respond and finished third behind Froome and Porte.

"Froome has landed a hammer blow on the Tour," said Nibali, the Astana team leader. "I have no more to give. I'm not even the younger brother of the Nibali from last year." THE ASSOCIATED PRESS

Chris Froome crosses the finish line on Tuesday between Tarbes and La Pierre-Saint-Martin. GETTY IMAGES

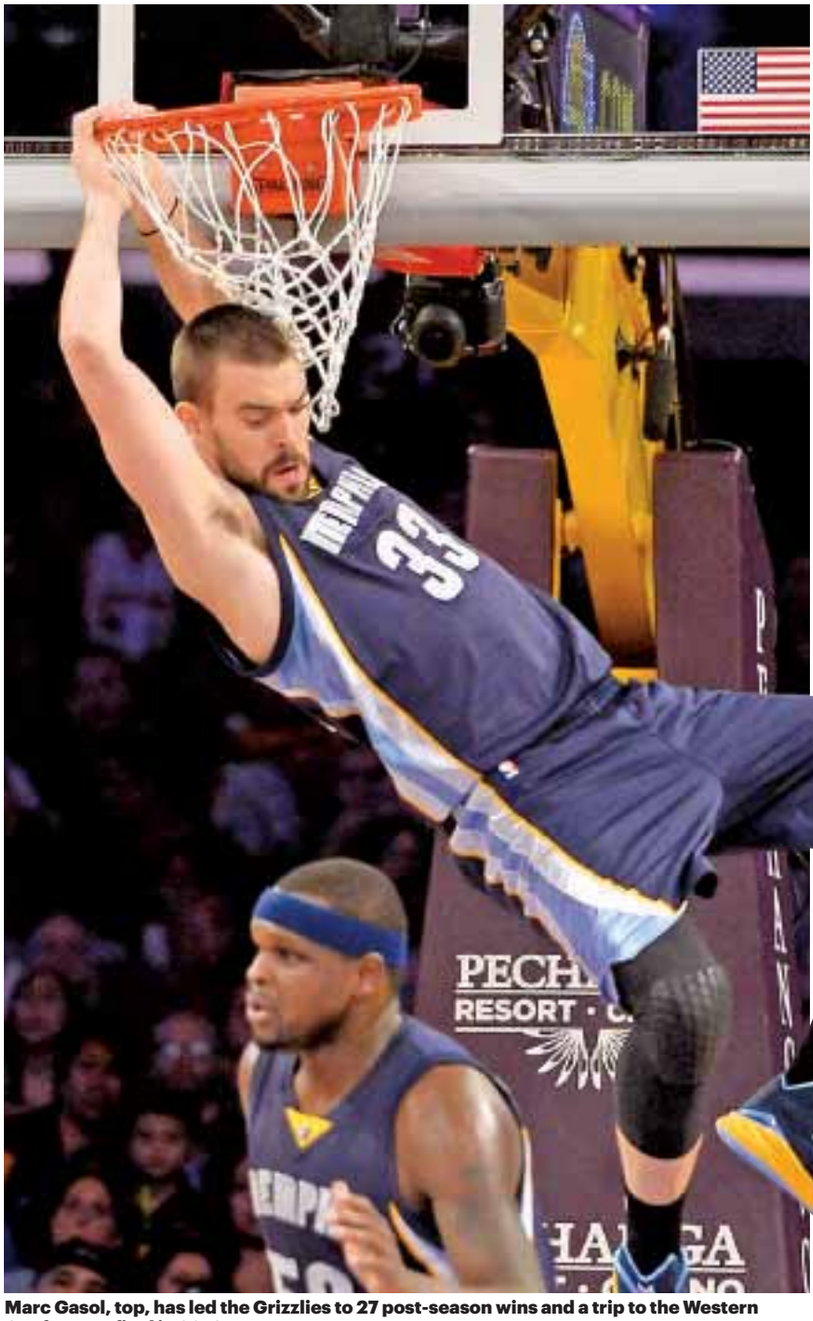
ARMSTRONG'S TWO CENTS

Lance Armstrong took notice of Chris Froome's big day and spoke out on Twitter.

"Getting lots of questions regarding today's first mountain stage..." and "Clearly Froome/Porte/Sky are very strong. Too strong to be clean? Don't ask me, I have no clue," Armstrong wrote.

It was a provocative question from a rider who was wiped from the record books for using PEDs. Critics swiftly noted his past cheating.

"I'm not accusing anyone," Armstrong quickly responded. "In fact, quite the opposite. I'm not interested (nor do I have the credibility) to opine there." THE ASSOCIATED PRESS



Marc Gasol, top, has led the Grizzlies to 27 post-season wins and a trip to the Western Conference final in 2013. GETTY IMAGES FILE

Grizzlies sign $100M man

NBA

Marc Gasol stays put in Memphis with five-year deal

All-star centre Marc Gasol says he's sorry if Grizzlies' fans worried over how long it took to learn that he wasn't leaving Memphis. There was never reason to fret, though.

Gasol said Tuesday he already knew he wasn't going anywhere else.

"Once the dust settled and I started thinking about the process of next season, every scenario would bring me back to Memphis," he said. "It never opened up to different teams. So, actually, it was pretty easy."

The seven-foot-one Spaniard spoke Tuesday at a news conference that was much more a celebration with fans packing the lobby of the Grizzlies' arena a day after Gasol signed his five-year contract.

Although the Grizzlies didn't release terms of the deal, The Associated Press previously reported Gasol agreed to a five-year maximum contract worth more than $100 million.

Gasol says he needed to reflect after the season ended, but told Grizzlies owner Robert Pera over dinner July 1 in Spain he would remain with Memphis. He was unaware that the delay in his signing was causing consternation for Grizzlies fans. He said "things in Spain take a little longer."

> **We have the best centre in the NBA. And nobody will have him going forward for quite some time.**
> Grizzlies GM Chris Wallace

Meanwhile, Grizzlies fans waited and worried, expression their concern on sports talk shows.

Unaware of the hand-wringing, Gasol did see a video by director Craig Brewer of Memphis urging the centre to return, and the centre called the work "emotional." The piece featured Justin Timberlake, a minority owner from the Memphis area, fans and teammates, including point guard Mike Conley, whose own long-term commitment was a major factor in Gasol's decision.

"That kind of sealed the deal," Gasol said of the guard considered his best friend on the team.

Hundreds of fans and supporters turned out Tuesday and cheered when Gasol entered the news conference. General manager Chris Wallace pointed out the franchise never won a playoff game before Gasol arrived. Now, the Grizzlies have 27 post-season victories, including a trip to the 2013 Western Conference final. Two of those wins came in the Western semifinals before Memphis was ousted 4-2 by the eventual champion Golden State Warriors.

"This is a great day to be a Memphian and a Grizzly," Wallace said, "as Marc Gasol's long time presence on our team is now assured."

Fan Kyle Taylor held an illustration with Gasol in matador regalia, a banner saying "Big Spain" above his head and his cape as the Tennessee state flag.

"He's like a local superhero," Taylor said before Gasol signed the drawing. "The fact that he's insanely tall helps."

Gasol sheepishly smiled through all of the attention.

"To see all the attention is too much for me," Gasol said. "I don't deserve all this love that you guys have given me. At the end of the day, it's not about me. It's about making you guys proud."

THE ASSOCIATED PRESS

PER-GAME AVERAGES

	FG%	Reb	Ast	TO	Stl	Blk	Pts
2014-15	49.4	7.8	3.8	2.2	0.9	1.6	17.4
Career	50.9	7.9	3.0	2.0	0.9	1.6	14.1

NBA

Stoudemire joins Heat five years later

Amare Stoudemire got recruited by the Miami Heat in 2010.

It's paying off, five years later.

One of the reasons why Stoudemire and the Heat struck a deal this summer was because of what was said when Miami was the first team to visit him during the wild free-agent summer five years ago. Both sides went in opposite directions then, but are finally together now after Stoudemire signed a one-year contract.

19.8

Stoudemire has averaged 19.8 points per game over 13 seasons in the NBA

The six-time all-star power forward/centre averaged 11.5 points in only 21 minutes last season.

The Heat, with Chris Bosh and Hassan Whiteside in the frontcourt, probably won't ask Stoudemire to start much. THE ASSOCIATED PRESS

IN BRIEF

Thunder trade Jones to Celts

The Boston Celtics acquired forward Perry Jones III from the Oklahoma City Thunder on Tuesday along with a second-round draft pick and cash. The Celtics will send the Thunder a conditional second-round pick. Boston gets the 2019 second-rounder Oklahoma City had acquired from the Detroit Pistons.

Jones played 43 games last season and averaged 4.3 points and 1.8 rebounds in 14.7 minutes a game.

THE ASSOCIATED PRESS

Nuggets' Lawson booked for a second DUI this year

Denver Nuggets point guard Ty Lawson has been arrested in Los Angeles on suspicion of driving under the influence of alcohol — his second DUI arrest this year.

California Highway Patrol Officer Jennifer Cassidy says Lawson was driving at a high rate of speed before being pulled over around 2 a.m. Tuesday on state Route 101 in Hollywood.

Lawson was arrested on suspicion of DUI last January in Denver. THE ASSOCIATED PRESS

DRUNK-DRIVING ARREST

Lab tests: McNabb well over legal limit

Former NFL quarterback Donovan McNabb had a blood-alcohol level that was more than twice the legal limit when he was arrested on suspicion of DUI in Arizona last month, police said Tuesday.

Police in the Phoenix suburb of Gilbert said lab tests show McNabb's blood-alcohol level was 0.17. The legal limit in Arizona is .08 and anything 0.15 or higher qualifies as extreme DUI.

It was the second DUI arrest for McNabb in 18 months. He served a day in jail after pleading guilty to a misdemeanour DUI charge resulting from a Dec. 15, 2013, arrest.

Donovan McNabb
GETTY IMAGES

He also was ordered to pay a fine of nearly $1,500 and enter an outpatient treatment program in Scottsdale. THE ASSOCIATED PRESS

RECIPE Asian Broccoli and Cauliflower Salad with Peanut Dressing

EAT LIGHT AT HOME
Rose Reisman
rosereisman.com
@rosereisman

These two nutrient-packed vegetables go well with this Asian dressing.
Serves 6.

Ready in
Prep time: 15 minutes
Cook time: 5 minutes

Ingredients
- 6 cups broccoli, cut into small florets
- 6 cups cauliflower, cut into small florets
- 1 cup cooked edamame

Peanut Dressing
- 1/4 cup chunky peanut butter
- 4 tsp light soy sauce
- 4 tsp rice vinegar
- 2 tsp honey
- 2 tsp minced ginger
- 1 tsp hot sauce
- 2 Tbsp water
- 1/8th tsp salt

Garnish
- 2 tsp sesame seeds
- 1/3 cup toasted chopped peanuts or cashews

Directions
1. Steam or boil broccoli and cauliflower just until fork tender, about 3-5 minutes. Add edamame during the last minute. Immediately rinse with cold water until no longer warm. Place in serving bowl.

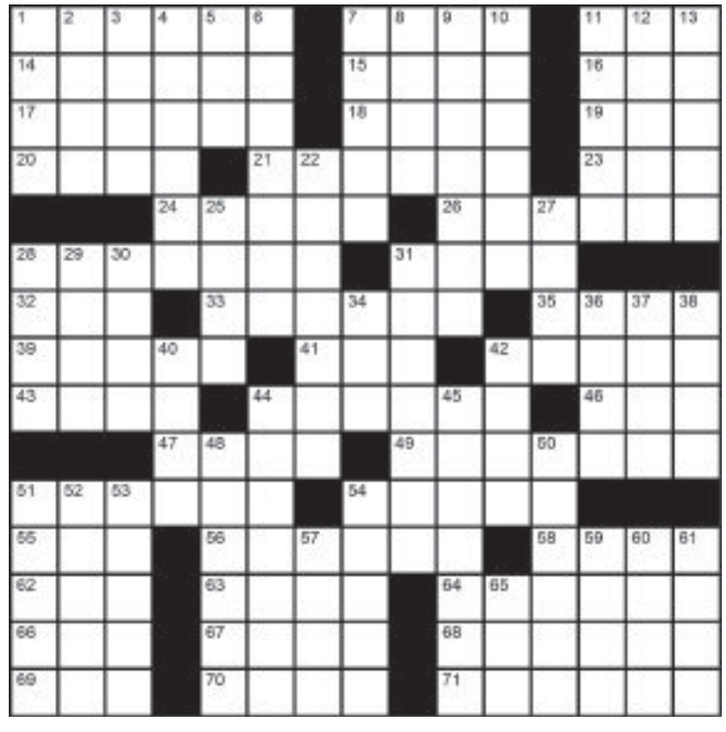
2. In a small food processor, purée peanut butter, soy sauce, vinegar, honey, ginger, hot sauce, water and salt. Pour over vegetables. Garnish with sesame seeds and nuts.

Nutrition per serving
- Calories 210
- Protein 13 g
- Carbohydrates 18 g
- Fat 11 g
- Saturated fat 1.5 g
- Cholesterol 0 mg
- Sodium 240 mg
- Fibre 6 g

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Ancient Egypt's divine beetle
7. One of a breath mint brand
11. Cheer!
14. Awaken after fainting: 2 wds.
15. On the briny
16. Exotic pet in a Barenaked Ladies tune
17. Wobbly
18. RCN, Royal Canadian __
19. __ knee (Injured leg joint)
20. Food fare featurer
21. Real
23. G7 summit attendee
24. The blahs
26. __ lava
28. Flip, as a boat
31. Nimble
32. UK award since 1917
33. Desert plant
35. Mr. Gosling
39. Curriculum __ (Work bio)
41. Mo. after July
42. 'Pet' annoyance
43. Campbell's soup flavour 'Vegetable beef with barley' ...in French: Legumes au boeuf __ _ _'orge
44. 1588 Spanish fleet
46. Ventilate
47. Fasten/secure
49. Canadian celebrity chef who has his own self-titled magazine
51. Had the opposite of a nightmare
54. Prying tool
55. Long period
56. Next to
58. Toy construction set brand
62. American flight watchdog org.
63. Division
64. One-__ (Minutes-in-duration short film from the olden days)
66. Tolkien creature
67. Civil or Electrical, e.g.
68. Family-owned New Brunswick chocolatier since 1873
69. The bar on "Cheers", __. 1895
70. Reasonable
71. US Supreme Court Justice Ms. Kagan, and namesakes

DOWN
1. Bathroom cleanser's target
2. Scoop holder
3. Prayer ender
4. Variety shows
5. Supped
6. Western series that starred Canadian actor Lorne Greene as Ben Cartwright
7. "Over the Rainbow" ending: "If happy little bluebirds fly / Beyond the rainbow why, oh, why __?"
8. Old Testament twin
9. Overhauls
10. Mr. Lautner of 'Twilight' flicks
11. Counter in a debate
12. Provide cheer
13. Earth man
22. Teleprompter-on-paper: 2 wds.
25. Gracious
27. Ancient harp
28. Peggys __, NS
29. Somewhat: 2 wds.
30. Anti-fur gr.
31. Sweetened
34. Rum __ Tugger (Cats character)
36. Birthdate info
37. Keen
38. Roman emperor
40. Actress Jessica
42. Tempo
44. Beetle's sensory organ
45. Branch off
48. Permeates
50. Ms. Dickinson of "Dragons' Den" fame
51. Robinson Crusoe author Daniel
52. Bellows
53. Legislate
54. Milk carton size
57. Do it on the dotted line
59. PayPal co-founder Mr. Musk
60. Ms. Rowlands of "The Notebook" (2004)
61. Associations [abbr.]
65. 'Arbor' suffix

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Your feelings for a certain individual will come to the fore over the next 24 hours and it could cause problems. Someone will be intensely jealous that you have a new friend.

Taurus April 21 - May 21
Be wary of people who say they have only your interests at heart. With both Mars and Mercury at odds with Pluto today you cannot afford to take chances.

Gemini May 22 - June 21
You are in an adventurous mood and have no intention of sitting around in the same old places, with the same old people and doing the same old things. You crave excitement and you are sure to get it before the end of the week.

Cancer June 22 - July 23
You can, if you wish, force your views and opinions on other people today but it's unlikely to do you much good in the long term. The moment you let down your guard, they will go back to believing what they have always believed.

Leo July 24 - Aug. 23
You seem to be in a negative frame of mind at the moment but you really should cheer up a bit. You have so much going for you and so much to look forward to. If you can't see that now, don't worry — you will soon.

Virgo Aug. 24 - Sept. 23
You know that if you take a certain course of action you will regret it in the long term, so cast the idea from your mind.

Libra Sept. 24 - Oct. 23
You are in one of your brutally honest moods and anyone of a sensitive disposition had best stay out of your way. Be careful who you criticize though. Some people have the power to make life difficult for you.

Scorpio Oct. 24 - Nov. 22
Yes, you are in the right. Yes, the facts are all on your side. But that does not matter. The only thing that counts today is who has the most power and, sadly, it isn't you. Don't pick fights you cannot possibly win.

Sagittarius Nov. 23 - Dec. 21
Someone you thought you could trust is actually conspiring against you. Fortunately, someone who is a real friend will warn you, but will you believe them?

Capricorn Dec. 22 - Jan. 20
The planets warn that others may play on your fears. The Sun in your opposite sign may give your rivals the upper hand but you are under no obligation to make things easy for them.

Aquarius Jan. 21 - Feb. 19
You may be tempted to crawl back into your shell and pretend that the world outside does not exist but you won't do it. You are smart enough to know that ignoring your problems will only make them worse.

Pisces Feb. 20 - March 20
If there is anything of a detailed nature that you have to do you should postpone it for another day. The planets warn you will be easily distracted over the next 24 hours.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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